



ACT: ACCOMPANIMENT AND CONNECTION TRAINING

ACT: Accompaniment and Connection Training will equip Catholic parishioners, clergy, and religious with practical information about mental health and provide foundational understanding of mental health literacy within the context of our Catholic faith. The day will give practical strategies for creating supportive environments. It delivers the essential knowledge and confidence required to identify suffering and determine the best response.

Presented by Marcela Campa and Lisa Averion from the International Association of Catholic Mental Health Ministers



FRIDAY, JULY 17

ACT: Accompaniment and
Connection Training
9am – 1pm
Pastoral Center
2110 Broadway, Sacramento, CA

ACT: Accompaniment and
Connection Training Facilitator
Training
1:30 – 3pm
Pastoral Center
2110 Broadway, Sacramento, CA

SATURDAY, JULY 18

ACT: Accompaniment and
Connection Training
9am – 1pm
St. Ignatius Parish
Garden Room
3235 Arden Way, Sacramento, CA

ACT: Accompaniment and
Connection Training Facilitator
Training
1:30 – 3pm
St. Ignatius Parish
Garden Room
3235 Arden Way, Sacramento, CA

SATURDAY, JULY 18

ACT: Accompaniment and
Connection Training in Spanish
9am – 1pm
St. Ignatius Parish
Ministries Room
3235 Arden Way, Sacramento, CA

ACT: Accompaniment and
Connection Training Facilitator
Training in Spanish
1:30 – 3pm
St. Ignatius Parish
Ministries Room
3235 Arden Way, Sacramento, CA

All participants who complete the morning session will receive a certificate in the Catholic Mental Health Ministry Model of Psychological First Aid. And all who complete the afternoon Facilitator Sessions will also receive a certificate as a trainer.

Cost: \$20 for AM sessions only
\$30 for both AM and PM Sessions
Morning hospitality and lunch included.

Register at www.scd.org/healingandhope