

# Making Service Transformational Act

“Act” refers to the charitable works we perform through service projects. Nothing can replace the experience of real interaction and relationship with real, living human beings. A service project must **affirm the dignity** of those being served, and which does not encourage an “us” vs. “them” mentality. Lastly, a service project should include structured opportunities for being in addition to doing.

## Reflect

Failing to follow up with reflection after service is one of the most common lost opportunities in service. **Prayer** is essential for many reasons, the most obvious of which is because we believe that God will be able to make a difference in the lives of those served. Reflection facilitates the asking of “why” questions about the causes of the problems confronted in service.

## Transform

Interaction with the vulnerable through service followed by new questions and learning during reflection must lead to work to transform all of society. Action for transformation aims to address systemic, structural injustice, and changing values and policies that are in need of transformation or renewal.

# Resources

## United States Conference of Catholic Bishops:

- <https://www.usccb.org/>

## California Catholic Conference:

- <https://cacatholic.org/>

## Catholic Charities of California:

- <https://catholiccharitiesca.org/>

## Catholic Charities USA:

- <https://www.catholiccharitiesusa.org/>

## Diocese of Sacramento, Catholic Charities:

- <https://scd.org/catholic-charities-and-social-concerns>

# Contact Us

## Office of Catholic Charities & Social Concerns

**Phone:** 916-733-0251

### Miriam Sammartino, Director:

[msammartino@scd.org](mailto:msammartino@scd.org)

### Andres Molina, Coordinator:

[amolina@scd.org](mailto:amolina@scd.org)

### Deacon Brian Smith, Detention Ministry

[BSmith@scd.org](mailto:BSmith@scd.org)



# Volunteer Opportunities



Charitable Works are our "response to immediate needs and specific situations: feeding the hungry, clothing the naked, caring for and healing the sick, visiting those in prison, etc." (Deus Caritas Est, no. 31).

Office of  
Catholic Charities &  
Social Concerns

# Charitable Organizations

## **Bishop Gallegos Maternity Home**

<https://bgmhsacramento.org/>

**Phone:** 916-395-9370

Answering the call of Sacramento's homeless pregnant women and their infants, while respecting each individual's personal journey and preserving their dignity in recognition of our common humanity.

## **Camp ReCreation**

<https://www.camprecreation.org/>

**Phone:** 916-988-6835

Camp ReCreation strives to increase the awareness and acceptance of persons with developmental disabilities throughout the greater community and provides a residential summer camp program and year-round activities for participants with developmental disabilities.

## **Catholic Charities of Yolo-Solano**

<https://www.ccyoso.org/support>

**Phone:** 707-644-8909

Providing help, creating hope since 1942. Offering services and programs that strengthen families and communities.

## **Exodus Project of St. Vincent de Paul**

<https://www.svdip-sacramento.org/exodus>

**Phone:** 916-669-0611

EXODUS PROJECT offers spiritually-based mentoring and extensive resources for men and women of all faiths coming out of incarceration and returning to the Sacramento Area.

## **Gabriel Project**

<https://cagabrielproject.wordpress.com/>

**Phone:** 916-733-0156

The Gabriel Project has proven to be an effective way for women and families to connect with caring, capable parish teams that can assist them in choosing life for their children.

## **Mother Teresa Maternity Home**

<https://motherteresamaternityhome.com/>

**Phone:** 530-295-8006

Mother Teresa Maternity Home provides a temporary residence and a safe environment, for pregnant women in need; to help them complete their pregnancy in safety and comfort.

## **Northern Valley Catholic Social Service**

<https://nvcss.org/>

**Phone:** 530-241-0552

Inspiring hope and transforming lives, helping children and families to reach their fullest potential since 1986.

## **Rancho Cordova Food Locker**

<https://www.ranhocordovafoodlocker.org/>

**Phone:** 916-837-5431

Mission is to fight hunger and feed hope in Rancho Cordova, they provide needy individuals and families in the community with a free emergency supply of food.

## **Sacramento Food Bank & Family Services**

<https://www.sacramentofoodbank.org/>

**Phone:** 916-456-1980

Transforming Sacramento County and one person at a time with the goal until all people can lead a life of self-sufficiency.

## **Sacramento Life Center**

<https://saclife.org/>

**Phone:** 916-451-4357

Sacramento Life Center is a community medical clinic offering free medical services, and emotional & material support, to women facing unplanned pregnancy.

## **St. Vincent de Paul**

<https://www.svdip-sacramento.org/>

**Phone:** 279-345-2362

A network of friends inspired by Gospel values, growing in holiness and building a more just world through personal relationships with and service to people in need.

## **Upper Room Dining Hall**

<https://upperroomdininghall.org/>

**Phone:** 530-497-5146

Motivated by love and grace, their mission is to provide meals and services to members of their community living under the strain of poverty, treating all guests with dignity and compassion.