

# Together as Catholics

WE BRING GOD'S TENDER CARE TO OTHERS



2026  
ANNUAL  
CATHOLIC

Appeal



**"I never thought I could come out of that bad path. Five years of consistent support—that's what changed everything. They never gave up on me."**

—Luz, reflecting on the Healthy Families program that stood by her throughout her daughter's first five years of life.

## TOGETHER AS CATHOLICS ...

# Families can transform their lives and thrive

For parents living on the margins, hope often begins with one person who shows up. Healthy Families, a free home-visiting program of **NORTHERN VALLEY CATHOLIC SOCIAL SERVICE** supported by the Appeal, pairs mothers who are struggling, overwhelmed or alone with trained caseworkers who teach parenting skills and build confidence. When Luz learned she was pregnant in 2020, she was newly sober and terrified she would fail her child. Caseworker Kim Taylor showed up every week, offering patience, praise and a steady belief in her worth. With that support, Luz and her husband are now sober, employed and raising their daughter in a safe, loving home. Their stability stands as a clear testament to the transformative impact of mercy.



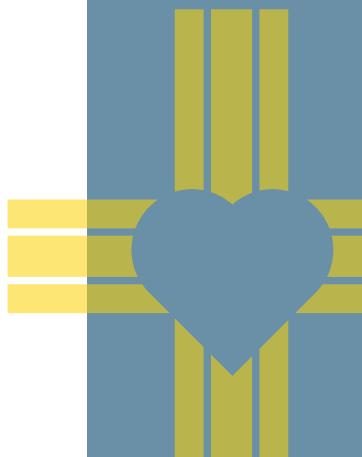
**“Because of the Annual Appeal, we can stay by a family’s side for years—not weeks. That consistency is what changes lives.”**

— **Kim Taylor**  
Program Manager,  
Healthy Families  
Northern Valley Catholic  
Social Service



“Everyone deserves a moment when they can say, ‘I need help,’ and hear someone respond, ‘I’m here for you.’ The Appeal ensures that moment exists everywhere in our diocese.”

— **Miriam Sammartino**  
Director,  
Catholic Charities  
and Social Concerns  
Diocese of Sacramento





“Because the Appeal supports 18 charities and hundreds of programs, one gift becomes many acts of grace and lifts countless lives. Your generosity directly helps answer suffering with compassionate action.

— **Tony Riehl**  
Executive Director,  
The Catholic Foundation  
of the Diocese of  
Sacramento



## TOGETHER AS CATHOLICS ...

# Our elder neighbors find comfort and dignity



After retiring from 30 years in health care, Annette moved into senior housing and quickly realized how hard it is for seniors to get by. “I don’t have a lot of income, and everything keeps getting more expensive,” she says. With rent, bills and rising food costs, she often can’t afford it all. When she discovered a **SACRAMENTO FOOD BANK & FAMILY SERVICES** pantry, she felt real relief. The distribution site has become a lifeline for seniors who can’t make ends meet without this supplemental, compassionate resource.

# Under-resourced students stay rooted in Catholic school

Catholic Schools provide students in our diocese with access to innovative education combined with faith-based values. **TEN SCHOOLS** are located in economically-challenged neighborhoods where fundraising is difficult. The Appeal helps bridge the gap between the need for tuition assistance and available funds.



## Immigrant dreams find a path forward

Navigating the complex immigration process in today's uncertainty is challenging and often discouraging. **CATHOLIC CHARITIES OF YOLO-SOLANO** is committed to standing beside immigrants with hope and heart by offering trusted legal guidance to help build a future rooted in dignity and belonging.



TOGETHER AS CATHOLICS ...



## Parishes can do more with the 25% parish share

Many parishes operate St. Vincent de Paul ministries, bringing volunteer aid to our brothers and sisters in need. For instance:

**ST. ISIDORE IN YUBA CITY; PRESENTATION IN SACRAMENTO; and ST. CATHERINE OF SIENA IN VALLEJO** are among those helping with rent and utilities, food, household furnishings, disaster recovery resources, companionship and more.



# More men can say “yes” to the call to priesthood



Support from the Appeal helps men who are called by God to serve Christ and the Church fulfill their faith development and grow in spiritual maturity. With costs offset by the Appeal, the 13 men now in **SEMINARIAN FORMATION** can focus less on financial worries and more on preparing to shepherd our parishes.

# The hungry are nourished in body and spirit

The **UPPER ROOM DINING HALL** has been essential to the Placerville community for decades amid rising hardship and housing instability. By providing neighbors in crisis hot meals, grab-and-go meals, a drive-thru line and delivered meals for those unable to come in, its small staff and dedicated volunteers offer warmth, nourishment and a reminder that everyone matters.

# More than 100 programs provide

Counseling

Emergency food

Shelter and clothing

Permanent and transitional housing

Job training

Pregnancy counseling

Post and prenatal care

Independent living skills

Mentoring

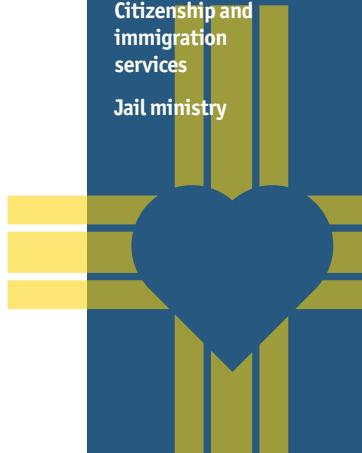
Parenting skills

After-school care

Refugee resettlement

Citizenship and immigration services

Jail ministry





"Through the Appeal,  
**we become  
beacons of God's  
merciful light  
for our brothers  
and sisters**

who suffer physical,  
emotional and spiritual  
poverty.

**+Jaime Soto**  
Bishop of Sacramento

## Our gifts make a difference

**50%**

GOES TO CHARITIES

Supporting 18 Catholic  
Charities of Sacramento  
member and partner  
organizations  
throughout our diocese

**25%**

GOES BACK TO  
PARISHES

For social ministry at  
your parish

**25%**

SUPPORTS EDUCATION

Helps with Catholic  
school tuition  
assistance in at-risk  
neighborhoods and  
seminarian education

## Our gifts help people

Mentally ill

Homeless

Disaster survivors

Immigrants

Elderly

Developmentally-  
disabled

Incarcerated

Working families

Refugees

At-risk youth

The unborn

Pregnant women

Hungry

Single parents



SCD.ORG/ACA

**Your gift makes a difference  
in Northern California!**

To learn more, watch  
Luz's story or give online,  
visit [scd.org/aca](http://scd.org/aca).

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