



DIOCESE OF SACRAMENTO

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OFFICE OF THE BISHOP

Memo

To: All Clergy
From: Very Rev. Chris Frazer
Date: January 13, 2025
Re: Restriction of the Distribution of the Blood of Christ

California has now surpassed the threshold for influenza-like illness. I instruct pastors and parochial administrators in the Diocese of Sacramento to temporarily implement the following protocols:

1. Suspend the distribution of the chalice except for:
 - ministering clergy (priests and deacons),
 - those with medical conditions preventing reception of the Holy Eucharist under the form of bread, and
 - those named in particular rites celebrated at Mass (e.g. the couple celebrating matrimony, etc.).
2. It is encouraged that all the faithful receive the Sacred Body of Christ in the hand. Receiving on the tongue is permitted.

Summary

Counties in Diocese of Sacramento	Current Status
All	The cup is suspended except for ministering priests and deacons, those with medical conditions preventing reception of the Eucharist under the form of bread, and those named in particular rites celebrated at Mass (e.g. the couple celebrating matrimony, etc.).

Thank you for your cooperation. If you have any questions regarding this public health protocol, please contact Deacon Greg McAvoy-Jensen at the Office of Worship, 916-733-0211, GMcAvoy-Jensen@scd.org.