

DIOCESE OF SACRAMENTO

Office of Family and Faith Formation

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LOOKING FOR BEARVEMENT CONSOLATION MINISTERS FOR NEW GRIEF SUPPORT GROUPS BEING FORMED

November 12, 2024

To Pastors, Pastoral Staff, Parochial Administrators, Parish Stewards, School Administrators, DRE/CREs, Ministry Leaders (Spanish & English Speaking),

There is a growing need in the Sacramento Diocese to provide parishioners with Catholic centered emotional & psychosocial support programs for diverse needs. One major identified need in our Diocese is to support those who have lost a loved one. Often, due to lack of availability of this type of support, Catholics see themselves in a situation where they need to obtain care from secular grief & loss programs in the community.

Having programs that honor the teachings of the Catholic Church about death and dying is essential to the complete support of bereaved Catholics, i.e., a bereavement & consolation support program that leads Catholics deeper into a relationship with our Lord Jesus Christ and his Church. That is the intention behind this call for new bereavement consolation programs that meet the needs of Catholics in individualized ways.

Would you like to host any of these programs at your parish? If you or someone you know would be a good fit for these new ministries, please refer them to myself. Listed below are the proposed new bereavement consolation ministries for adults & children. Plenty of training and support will be provided to those that wish to serve in this ministry.

- Bereavement consolation support groups for Adults 18+ (Spanish & English)
- Little Flowers Art Grief Support Groups for children 6 to 11 yrs of age
- St. Martin de Porres Grief Support Group for youth 12 to 17 yrs of age

God Bless,

Marisela Franco,
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BEREAVEMENT CONSOLATION MINISTRY

Little Flowers Art Grief Support Group

For Children Ages 6 to 11yrs

Do Small Things with Great Love

~ St. Therese of Lisieux



LOOKING FOR BEREAVEMENT CONSOLATION MINISTERS

TRAINING & SUPPORT WILL BE PROVIDED FOR THOSE INTERESTED IN
WORKING WITH BEREAVED CHILDREN 6-11YRS

The following are Training and Support topics that will be offered to those interested in this
NEW Ministry:

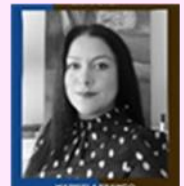
- Self-Care After Loss for Kids
- Basic Principles for Responding to Children and Families Coping with Loss (Communication/Support)
- Expressive Art Techniques in working with Bereaved Children
- Developmental Issues Related to Bereavement (Child vs. Adult Grief Response)
- Family System Changes (Familial Post Loss Experiences)
- Do's and Don'ts for Bereavement Ministers After Loss
- Support and Care for Ministers (Vicarious Trauma/Compassion Fatigue/Burnout)

IF YOU OR SOMEONE YOU KNOW WORKS WELL WITH CHILDREN AND WOULD LIKE TO BE A PART OF THIS NEW MINISTRY, PLEASE CONTACT ME AND WE CAN INITIATE THE TRAINING PROCESS. BELOW IS MY CONTACT INFORMATION.



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Sacramento Diocese
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BEREAVEMENT CONSOLATION MINISTRY



St. Martin de Porres Youth Grief Support Group For Youth Ages 12 to 17yrs

LOOKING FOR BEREAVEMENT CONSOLATION MINISTERS

TRAINING & SUPPORT WILL BE PROVIDED FOR THOSE INTERESTED IN
WORKING WITH BEREAVED YOUTH 12-17YRS

The following are Training and Support topics that will be offered to those interested in this
NEW Ministry:

- Self-Care After Loss for Youth
- Basic Principles for Responding to Youth and Families Coping with Loss (Communication/Support)
- Expressive Art Techniques in working with Bereaved Youth
- Developmental Issues Related to Bereavement (Youth vs. Adult Grief Response)
- Family System Changes (Familial Post Loss Experiences)
- Do's and Don'ts for Bereavement Ministers After Loss
- Support and Care for Ministers (Vicarious Trauma/Compassion Fatigue/Burnout)

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