



Retreats for  
**Healing  
after  
Abortion**

**Rachel's Ministry** is a safe place to renew, rebuild and redeem hearts broken by abortion. Weekend retreats offer a supportive, confidential and non-judgmental environment where women and men can express, release and reconcile painful abortion emotions and begin the process of restoration, renewal and healing.

**Upcoming Retreats:**

**English:** November 15-17, 2024

**Español:** Feb. 28-Mar. 2, 2025

**For more information,** call **916.733.0161** or email **projectrachel@scd.org**. All messages are confidential.

**Registration**

The retreat weekend is designed for 12 to 15 participants. Registrations must be received five days prior to the start of the retreat. Interested participants will receive a registration packet and hold a phone appointment prior to being fully registered for the weekend. Learn more:

<https://www.scd.org/postabortioncare>

**Cost**

The Rachel's Ministry retreat registration fee includes lodging for two nights, all meals and retreat materials. Financial assistance is available. Please call to discuss further.

**Find healing at Rachel's Ministry**