

ROMAN CATHOLIC
DIOCESE of
SACRAMENTO

# ANNUAL ADMINISTRATIVE WORKSHOP

# **AGENDA**

- 2023 Employee Benefits Program
  - ✓ Important Open Enrollment Dates and Notifications
  - ✓ What's changing for 2023
  - ✓ Benefit Offerings from Reta
- Benefits Reminders
  - ✓ HSA Payroll Process / Updates
  - ✓ Priests included in BAS Statements
  - ✓ Insurance Waivers
  - ✓ Qualifying Life Event Process
- Personnel Reminders and Updates
  - ✓ Personnel Forms
  - ✓ Personnel Handbook Updates
  - ✓ Orientation Process
  - ✓ HR Record Retention
  - ✓ Benefit Eligibility
  - ✓ Transition of Key Players
  - ✓ Lay Personnel Background Check
  - ✓ Live Scan/Safe Haven
  - ✓ Sexual Harassment Training
  - ✓ LOA's and W/C Cases
  - ✓ Insurance Stoploss
  - ✓ Termination Requirements
  - ✓ ADP Rollout
  - ✓ Misc. Payroll Items
  - ✓ Pay Transparency Law
  - ✓ Breakroom Postings
  - ✓ COVID Items
  - ✓ Equifax and The Work Number
  - ✓ Weekly News on Website
- Miscellaneous Bookkeeping Items



# 2023 EMPLOYEE BENEFITS PROGRAM



# OPEN ENROLLMENT 2023

# Open Enrollment Period: Monday May 1<sup>st</sup> – Tuesday May 16<sup>th</sup> at 11:59 P.M.

- Coverage and premium cost share will become effective July 1, 2023 and last until June 30, 2024.
- Passive Enrollment
- If employees do not go online to elect coverage, their existing benefits will default to current coverage and tiers.
- Changes are not allowed outside Open Enrollment- unless employees experience a Qualifying Event. Examples can be found in the Employee Benefits Guide.
- Training Tuesday's will continue to offer training for administrators at 11 am
  - April 25 Open Enrollment Training
  - May All Month Open Enrollment Training
  - June 6th & 13<sup>th</sup> Post Open Enrollment Training



# ENROLLMENT PROCESS

- The benefits open enrollment process is completely online through RetaEnroll 360
- Reta Trust registered users will receive communication from Reta about what's coming for the new plan year closer to open enrollment date.
- The enrollment site is available 24 hours a day, 7 days a week during the Open Enrollment period. Steps for completing online benefits elections:
  - 1. Go to <a href="www.retatrust.org">www.retatrust.org</a> and click the Log In button in the top right hand corner.
  - 2. Enter your User Name and Password.
  - 3. Follow the easy enrollment steps in the Open Enrollment Wizard.
  - 4. Review and confirm your elections, making changes as necessary.
  - 5. Print your benefits confirmation statement.



# WHAT'S CHANGING FOR 2023?

- Reminder: Reta's integrated wellness plans are now offered through Reta's medical plan providers: Kaiser Workforce Health and BSC Wellvolution
- *MyCatholicDoctor* programs offered by BSC and now Kaiser Reta will be offering MCD natural family planning care for Kaiser members beginning on January 1, 2023 at no additional cost.

Reta introduced MCD to our members enrolled in BSC in July of 2022. BSC members will continue to have access to the MCD national network at no additional cost for services, including virtual primary care, restorative reproductive medicine, natural family planning, mental health, adolescent medicine, and end of life programs. MCD can also order labs, imaging, and prescriptions for Reta BSC members.



# Blue Shield of California (BSC) Plans

	EPO plan	PPO	PPO with HSA	
Network	PPO network providers only	PPO network + non- network providers	PPO network + non- network providers	
Access to care	Visit any doctor you choose in the PPO network; can't go outside network	Visit any doctor you choose	Visit any doctor you choose	
Availability	Nationwide	Nationwide	Nationwide	
Health Savings Account with Health Equity	No	No	Yes	
Telehealth (Teladoc) general medicine & mental health	Your office visit copy	Your office visit copay	After your deductible is met your office visit copay	
Consider this plan if you want:	<ul> <li>Access to Full PPO network of doctors</li> <li>More affordable plan that our regular PPO plan</li> </ul>	Flexibility to see any doctor you choose, in or out of network	Flexibility to see any doctor you choose, in or out of network	



# Blue Shield EPO-5139 Plan

## EPO gives you access to:

- 39,000+ doctors and specialists in BSC PPO network
- Self-referral to specialists without a referral from a primary care provider
- Care anywhere in the world through BlueCard

#### EPO does not cover:

Non-network services

It's important to know who participates in your EPO plan's network. If you go to a doctor or hospital that doesn't accept your plan, you'll pay all costs.



# Blue Shield PPO-5119 Plan

## PPO gives you access to:

- 39,000+ doctors and specialists in BSC PPO network
- Self-referral to specialists without a referral from a primary care provider
- Care anywhere in the world through BlueCard

#### PPO also covers:

Non-network services



# Blue Shield HSA-5070 Plan

# PPO with an HSA Plan offers:

- 39,000+ doctors and specialists in BSC PPO network
- Self-referral to specialists without a referral from a primary care provider
- Care anywhere in the world through BlueCard

PPO with an HSA Plan also includes:

- Health Savings Account (HSA) with Health
   Equity to put aside taxfree money for qualified medical expenses
- Roll-over and portable HSA funds for qualified medical expenses

You will pay for all covered services until you reach your deductible.



# BSC PROVIDER NETWORK

- To find doctors, urgent care centers, mental health providers and hospitals in California
  - blueshieldca.com/networkPPO
- To find a doctor and hospitals throughout the United States (outside of California)
  - provider.bcbs.com
- Access blueshieldca.com/watchfindadoctor to for quick video on the Find a Doctor tool

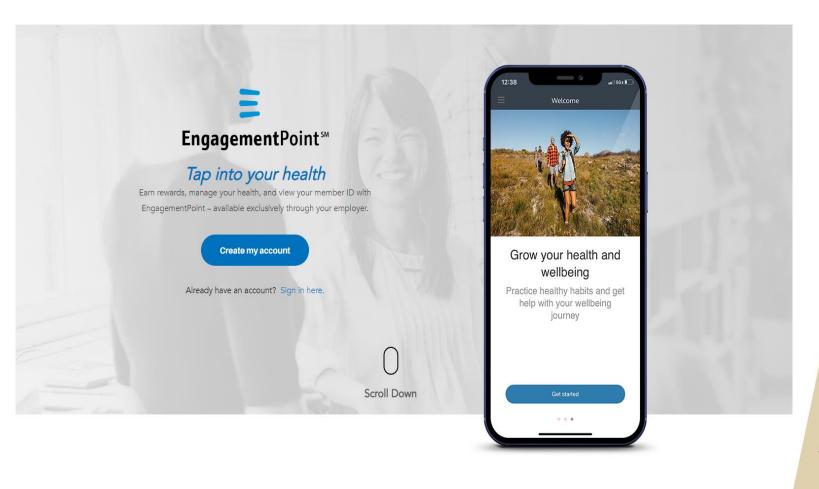


# MEMBER ID CARD

- Members will have one (1) ID card for their Healthcare and Pharmacy needs.
- Same subscriber ID number for Medical and RX
- Subscribers will receive 2 ID cards in a welcome letter per family. Only the Members name appears on the ID card.
- How to get additional ID cards:
  - Call Member Services
  - Visit EngagementPoint at blueshieldca.com/engagementpoint



# Blue Shield Engagement Point





# CVS CAREMARK (CVS)

- Reta's Pharmacy Benefit Manager
- BSC members will receive Welcome Kits and a single ID card for BSC medical and CVS pharmacy benefits prior to July 1<sup>st</sup>.
- Nationwide network of pharmacies that includes Walgreens, Walmart, local pharmacies and CVS stores.
- Members can sign into their Caremark.com profile to locate an in-network pharmacy near them
- CVS direct member outreach for formulary disruption and specialty medications
  - To see a list of CVS non-specialty medications visit
     <a href="https://www.caremark.com/portal/asset/Advanced Control Specialty Performance Drug List.pdf">https://www.caremark.com/portal/asset/Advanced Control Specialty Performance Drug List.pdf</a>
  - To see a list of CVS Specialty Formulary medications visit
     <a href="https://www.caremark.com/portal/asset/Advanced Control Specialty Preferred Drug List.pdf">https://www.caremark.com/portal/asset/Advanced Control Specialty Preferred Drug List.pdf</a>



# HEALTH EQUITY

- Reta is the HSA plan administrator
- Members will receive the following:
  - Welcome Kit
  - New Health Equity debit card
- PPD Account Numbers –
   Employee's direct deposit bank information



# KAISER PERMANENTE PLANS

BENEFIT DESCRIPTION	KAISER EPO-4063	KAISER HSA-4085		
Calendar Year Deductible: Individual / Family	\$1,000 / \$2,000	\$1,400 / \$2,800		
Out of Pocket Maximum: Individual / Family	\$4,000 / \$8,000	\$3,000 / \$6,000		
Hospitalization	10% after Deductible	\$250 after Deductible		
Outpatient Surgery	10% after Deductible	\$150 after Deductible		
Emergency Room (waived if admitted)	10% after Deductible	\$100 after Deductible		
Office Visits	\$25	\$20 after Deductible		
Routine Physicals	No Charge	No Charge		
X-Ray/Lab	\$10 after Deductible	\$10 after Deductible		
Chiropractic	\$15 (24 visits / calendar year)	\$15 after Deductible (20 visits / calendar year)		
Ambulance	\$150 after Deductible	\$150 after Deductible		
Routine Eye Care	No Charge (\$175 allowance every 24 months)	No Charge (\$150 allowance every 24 months)		
Prescription Generic / Brand	Generic: \$10 (retail) / \$20 (mail order) Brand: \$30 (retail) / \$60 (mail order) 30 day supply at retail 100 days supply at mail order	After Deductible: Generic: \$10 (retail) / \$20 (mail order) Brand: \$30 (retail) / \$60 (mail order) 30 day supply at retail 100 days supply at mail order		



# KAISER EPO-4063 PLAN

- Preventative care at little or no out-ofpocket cost
- A personal doctor for routine medical care
- No referrals needed for certain specialties, like optometry and obstetrics/gynecology
- EPO plans do not cover care outside the Kaiser network unless it's an emergency.
  - 24/7 Away from Home Travel Line: 951-268-3900
  - Kp.org/travel
- Kaiser provides the pharmacy benefits



# KAISER HSA-4085 PLAN

- Preventative care at little or no out-ofpocket cost
- A personal doctor for routine medical care
- Copays or coinsurance for most covered services after you meet your deductible
- No additional coinsurance needed after the annual out-of-pocket maximum is met
- A pre-tax health savings account to help pay for certain medical expenses
- Kaiser provides the pharmacy benefits



# DELTA DENTAL PLANS

DENIETT DESCRIPTION	LOW OPTION		HIGH OPTION		
BENEFIT DESCRIPTION	PPO	Non-PPO	PPO	Non-PPO	
Annual Deductible - Individual / Family Max.	\$50 (x3)		\$50 (x3)		
Deductible Waived for Preventive Services	Yes		Yes		
Preventive Services	100%	100%	100%	100%	
Basic Services	90%	80%	90%	80%	
Major Services (includes Implants)	60%	50%	60%	50%	
Waiting Period for Major Services	None		None		
TMJ (Separate \$1,000 Lifetime max)	60%	50%	60%	50%	
Calendar Year Maximum Benefit	\$1,500	\$1,000	\$2,500	\$1,500	
Orthodontia-Dependent Children	50%		50%		
Adult Benefit Ortho	50%		50%		
Orthodontia Deductible	N/A		N/A		
Orthodontia Lifetime Benefit	\$1,000		\$2,500		
Waiting Period for Orthodontia	None		None		

Coverage includes Brush Biopsies and 1 regular/1 periodontic cleaning every 6 months



# VSP VISION PLANS

BENEFIT	LOW OPTION		HIGH OPTION			
DESCRIPTION	In-Network	Out of Network	Frequency	In-Network	Out of Network	Frequency
Exam	\$10 Copay	Up to \$45	Every 12 Months	\$10 Copay	\$10 Copay	Every 12 Months
Lenses	See be	elow	Every 24 Months*			Every 12 Months*
Single Vision Lenses	Covered in Full	Up to \$30		Covered in Full	Up to \$30	
Bifocal Lenses	Covered in Full	Up to \$50		Covered in Full	Up to \$50	
Trifocal Lenses	Covered in Full	Up to \$65		Covered in Full	Up to \$65	
Frames	\$25 Copay \$150 Allowance	Up to \$70	Every 24 Months	\$10 Copay \$150 Allowance	Up to \$70	Every 12 Months
Contact Lenses in Lieu of Glasses	\$150 Allowance for Exam and Contacts	Up to \$70	Every 24 Months	\$150 Allowance for Exam and Contacts	Up to \$105	Every 12 Months

<sup>\*\*</sup>Interim Benefits: Lenses provided every 12 months with an Rx change of .50 diopter or more



# RETA'S INTEGRATED WELLNESS PROGRAMS

## Wellvolution through BSC

- Members will have 29 lifestyle well-being programs to choose from. And
  they will be eligible for disease prevention and condition reversal programs,
  which include intensive behavioral counseling for treating diabetes,
  hypertension, digestive health, obesity, and heart disease.
- For complete details about Wellvolution, go to <a href="https://rbc-ihc.retatrust.org/?id=ab9b2b45c5c95e3c00b106993c1d5804&ft=onlyNetworks#medical-blue\_shield\_ca">https://rbc-ihc.retatrust.org/?id=ab9b2b45c5c95e3c00b106993c1d5804&ft=onlyNetworks#medical-blue\_shield\_ca</a>

## Workforce Health through Kaiser

- A health assessment, telephonic coaching and healthy lifestyle programs
  will be offered to members to help them reach their unique goals. And this
  information can be shared with the member's care delivery team to provide
  a more holistic view of their patient's health status.
- Online healthy lifestyle programs, videos, podcasts, recipes and more
- On-site health education classes and support groups (classes vary at each location and some may require a fee)
- For complete details about Workforce Health, go to <a href="https://rbc-ihc.retatrust.org/?id=e7e142497f5cdba9b8dad86d36473e9d&ft=onlyNetworks">https://rbc-ihc.retatrust.org/?id=e7e142497f5cdba9b8dad86d36473e9d&ft=onlyNetworks</a>



# ADMINISTRATOR NOTES

- Invoices are generated on the 21<sup>st</sup> of every month
- Invoices should be printed and compared to the ADP roster on a monthly basis to insure accuracy of employees being billed for
- Review bill for any changes
- Administrator accounts are separate from your employee account
- Administrator account must also be approved by the benefits administrator for the location



# HSA EDUCATION JULIE ROWLANDS



# Winning with an HSA









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# Winning with an HSA

# EMPOWERING YOU —to build— HEALTH SAVINGS







# Why choose an HSA?



#### Save now:

- · Lower monthly insurance premiums
- · HSA contributions aren't taxed
- Qualified medical expenses are tax-free<sup>1</sup>

#### Save for the future:

- HSA funds roll over year after year
- You keep the money even if you change jobs or insurance plans
- · Tax-free interest earned
- Simple investment options

Same: doctors, network, negotiated discounts





# Two parts: health plan + savings account

# HEALTH PLAN

blue 😈 of california

HSA-qualified plan through insurance Preventive services covered at 100% Office visits, prescriptions, deductible, copays and coinsurance ALL count toward your deductible and out-of-pocket maximum



## Health **Equity**

HSA through Health Equity

Tax-free<sup>1</sup> savings for qualified medical expenses

Works together with the HSA-qualified plan





# The old way vs. the new strategy

# Higher monthly premium Lower deductible HSA-QUALIFIED HEALTH PLAN HSA-QUALIFIED HEALTH PLAN Lower monthly premium Higher deductible Money into HSA





# How an HSA works



#### Qualified medical expenses:

Exams, prescriptions, procedures, vision, dental and more

## Visit HealthEquity.com/QME







Put money into your HSA

# Maximize your HSA contributions in 2023:

Single-coverage: \$3,850 save up to \$700 in taxes!1

Family-coverage: \$7,750 save up to \$1,400 in taxes!1

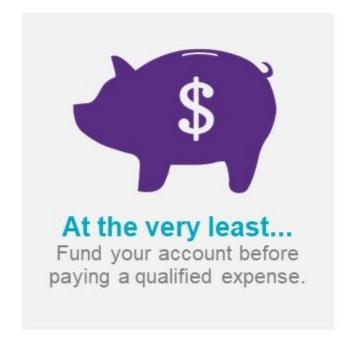
Catch-up contribution, age 55+: \$1,000





# How to add funds to your HSA

- Your employer provides:
  - \$3,850/year for single coverage
  - \$7,750/year for family coverage
- Pre-tax contributions through payroll
  - Change your payroll deductions any time
- You can make contributions until the tax deadline for the previous tax year







# Who is eligible to add funds to an HSA?



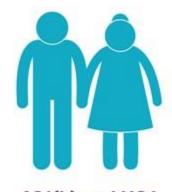
### To contribute to an HSA, the IRS requires that:

- You are covered ONLY by an HSA-qualified health plan
  - Other health coverage may disqualify you (including Medicare, Tricare, or a traditional health plan)
- You do not have access to a full purpose FSA (even through a spouse)
- You aren't claimed as a dependent on anyone's tax return





# Healthcare costs in retirement



401(k) and HSA together can offer the optimal retirement planning solution \$265,000

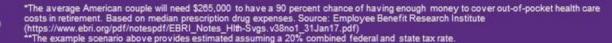
to cover out-of-pocket healthcare costs during retirement

\$318,000 gross withdrawal from a traditional 401(k)\*\*

OR \$265,000 tax-free withdrawal from an HSA



Health**Equity** 





# Cover the Medicare gap

Qualified medical expenses not covered by Medicare can always be paid from your HSA tax-free.<sup>1</sup>

- Prescriptions
- · Medical
- Dental
- Vision
- · Hearing expenses
- · Copays
- Premiums



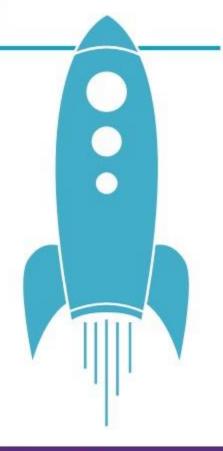




# Extra fuel for your retirement

# Maximize your tax-free earning potential through investing

- Access the easy-to-use investment platform within your HealthEquity member portal.
- Use your savings to help grow your money even faster.
- Other than the monthly investment administration fee and the respective mutual fund expense ratio there are no trading costs, commissions or fund minimums.









# Investment advisory services





#### Autopilot

Full-service fund management based on personal risk profile



#### GPS

Guidance provided for fund management, implemented by account holder

# HealthEquity



#### Self-driven

Manage your own funds

HealthEquity, Inc. does not provide financial advice. HealthEquity Advisors, LLCTM, a wholly owned subsidiary of HealthEquity, Inc. and an SEC-registered investment adviser, does provide web-based investment advice to HSA holders that subscribe for its services (minimum thresholds and additional fees apply). HealthEquity Advisors, LLC also selects the mutual funds offered to HSA holders through the HealthEquity, Inc. platform. Registration does not imply endorsement by any state or agency and does not imply a level of skill, education, or training. HSA holders making investments should review the applicable fund's prospectus. Investment options and thresholds may vary and are subject to change. Consult your advisor or the IRS with any questions regarding investments or on filing your tax return.







# HealthEquity's plan comparison tool

Let us do the math! Compare your health plans side-by-side

#### CompareMyHSA.com





#### Powerful tools



- Debit card access<sup>1</sup>
- Use the mobile app<sup>2</sup> or member portal to:
  - Check your balance
  - Review transactions
  - Review claims
  - Submit new claims or documents
  - Send payments and reimbursements
  - Access tax documents







# Account (1) mentors

- Available around-the-clock, every day
- · Helpful support for members
- · Based in Salt Lake City

877.857.6810



2016 Silver Stevie Customer Service Team of the Year

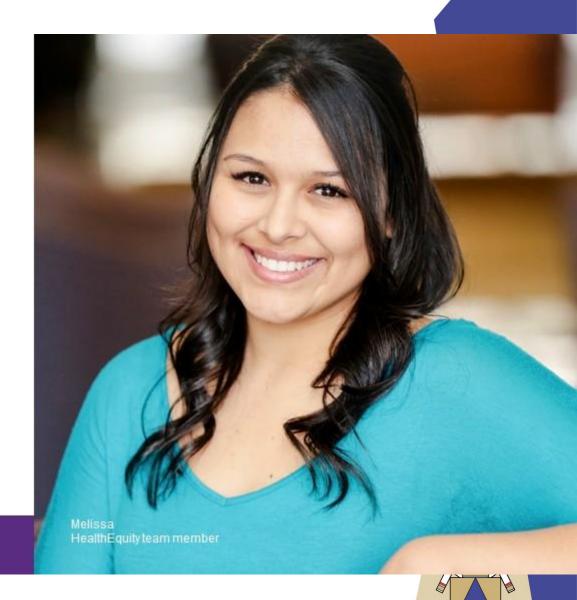


2013, 2015, 2016 Utah Business Magazine Best Companies To Work For



2015, 2016 Salt Lake Tribune Top Workplaces









# THE STANDARD 403(B) KEN SCHLOSSER





# Agenda

- Plan Provisions
- Investment Strategies
- Forms



# Plan Participation

#### Eligibility

- No service requirement for employee contributions.
- One year with 1000 hour requirement to start receiving 6% employer contribution.

#### Maximum Employee Contributions

\$22,500 in 2023 (additional \$7,500 if age 50 or older)

#### Qualified Default Investment Alternative (QDIA)

 If no investment selection is made, contributions made to an employee's 403(b) account default to an American Funds Target Date fund based on the employee's date of birth and the plan's normal retirement age of 65. A target date fund is comprised of a mix of investments and is managed based on an assumed retirement year.



#### Contributions

 Employee Contributions and Earnings: always 100% theirs

Traditional: pre-tax contributions

Roth: after-tax contributions

Employer Contributions and Earnings:
 vest according to the following schedule based on date of hire:

Years of Service	Vested Percent
Less than 3	0%
3	20%
4	40%
5	60%
6	80%
7	100%

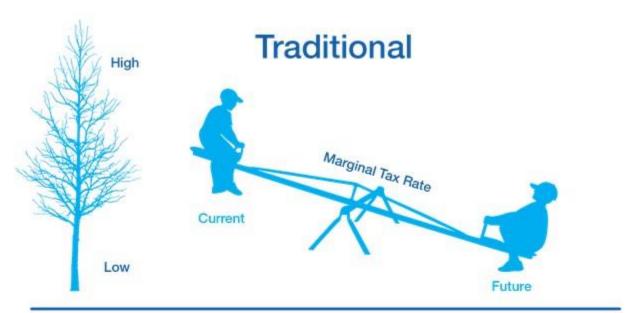


# Roth/Traditional Pre-tax Comparison

	Roth Option	Traditional
Deferrals	After-tax – included in gross income	Pre-tax – not part of gross income
Earnings	Grow tax free	Grow tax deferred
Distributions	Qualified distributions not subject to tax	Contributions and earnings taxed



#### **Roth Tax Considerations**





Try to pay taxes when rates are lowest — which option could work best for you?



#### **Roth Distributions**

- Tax-free if at least five years after first Roth contribution
- Must be eligible
- Required minimum distribution rules apply



#### Loans

- Minimum amount for new loans: \$1000
- Fees: \$125
- Repayment deadlines
  - 5 year general purpose loan
  - 10 year principal purchase loan
- Payroll deduction
- Calculate a loan online
- Employees may request the loan directly online or if they prefer completing a paper form, please call The Standard's Participant Service Center (800)858-5420 for a paper loan application



#### **Distributions**

- Age 65 normal retirement
- Age 55 with 7 years of service early retirement, termination required
- Age 59 ½ while still employed
- Age 73 required minimum distributions
- Termination, death or disability



## Hardship Withdrawal Distributions

- Major medical expenses not covered by insurance
- Higher education costs
- Purchase of principal residence
- Avoid eviction or foreclosure
- Funeral expenses
- Expenses for repair of damage to principal residence



# Rolling Over Savings to 403(b) Plan

#### More room on your schedule



- Just one account to track and manage
- · More time for doing other things

#### Reduced cybersecurity risk



- Fewer accounts lowers your risk of cyber threats
- One less password to remember!

#### One account, one investment strategy



- Easier to make investment changes
- Easier to adjust asset allocation

#### Are you there yet?



Much easier to track progress toward goals



# Steps to Rollover Assets to 403(b) Plan

- Complete an Application for Rollover
- Submit a distribution request from the existing plan administrator
- Call 800.858.5420 with questions





#### Mutual Funds

- Collections of stocks, bonds or money market instruments
- Designed to meet a specific financial objective

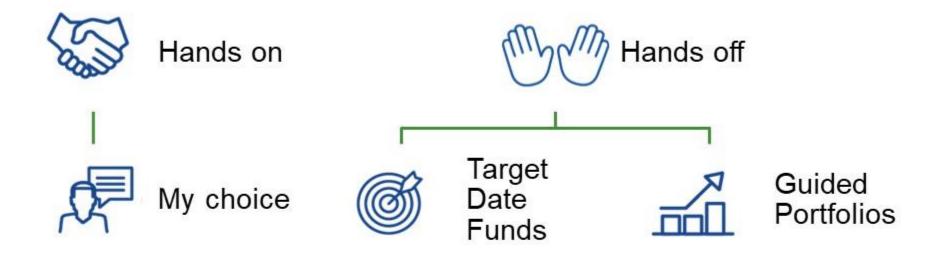




The same 25% drop in a company's stock has only a minor impact on your overall investment



# Two Types of Investors



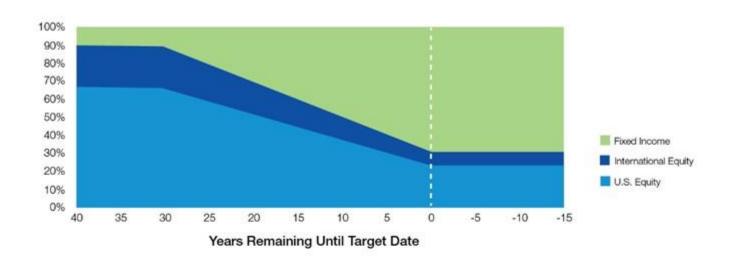


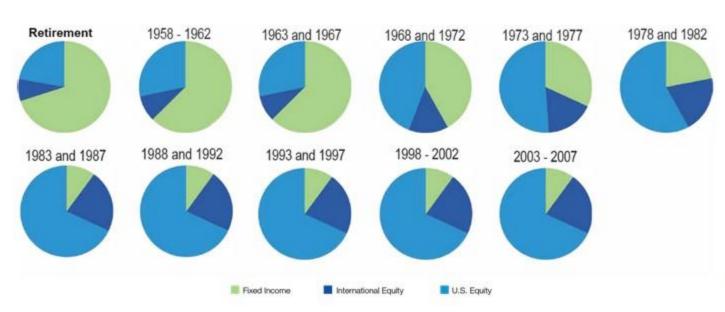
# American Funds Target Date Funds (default)

If you were born:	You would select:
In 1998 or after	Retirement 2065
Between 1993 and 1997	Retirement 2060
Between 1988 and 1992	Retirement 2055
Between 1983 and 1987	Retirement 2050
Between 1978 and 1982	Retirement 2045
Between 1973 and 1977	Retirement 2040
Between 1968 and 1972	Retirement 2035
Between 1963 and 1967	Retirement 2030
Between 1958 and 1962	Retirement 2025
In 1957 or before	Retirement 2020



# **Target Date Funds**







#### Investor Profile Quiz: Discover your investing style

When do you expect to tap into your retirement account?		Points
C3	Less than 5 years	0
b.	Between 5 and 10 years	20
	Between 10 and 15 years	30
	More than 15 years	40
	See	min

What do you expect to happen to your pay (salary) in the next five years?		
I expect my pay to increase much faster than inflation (due to promotions, new job, etc.).	12	
I expect my pay to increase slightly faster than inflation.	10	
I expect my pay to just keep up with inflation.	5	
I expect my pay to decrease (due to retirement, part-time work, depressed industry, etc.).	0	
Score:		

How do you feel about investing for retirement?		
I am seeking maximum stability, even if returns are low.	0	
I can tolerate a small amount of fluctuation in my investment account and I am seeking consistent returns.	4	
I am middle-of-the-road and prefer both growth potential and consistency of returns. I can tolerate a fair amount of market movement in exchange for more attractive long-term returns.	8	
I am willing to assume a relatively high level of volatility for potentially greater returns.	12	
I am seeking maximum long-term growth, even if it means wide swings in my account value.	15	
Score:		

How willing are you to increase your investment return?		Points	
	I am willing to take a lot of risk with all of my retirement account.	15	
	I am willing to take a lot of risk with some of my retirement account.	12	
	I am willing to take a <b>little</b> risk with <b>all</b> of my retirement account.	8	
	I am willing to take a <b>little</b> risk with <b>some</b> of my retirement account.	4	
	I am unwilling to take on more risk.	0	
	Score		

If the stock market went down 15 percent, what would you do?		Points	
Ğ	Sell all of my stock funds immediately and put the money in something more stable.	0	
	Transfer some of my stock funds into less aggressive investments.	2	
	Do nothing and wait for it to come back.	4	
	Buy more: Increase my stock investments while prices are low.	8	

rov the	ou received several statements in a wwith negative returns and realized at your account had lost 20 percent, nat would you do?	Points
	Sell all of my stock funds immediately and put the money in something more stable.	0
	Transfer some of my stock funds into less aggressive investments.	3
	Do nothing and wait for it to come back.	6
	Buy more: Increase my holdings in stock funds while prices are low.	10
	Score	

Total Score:

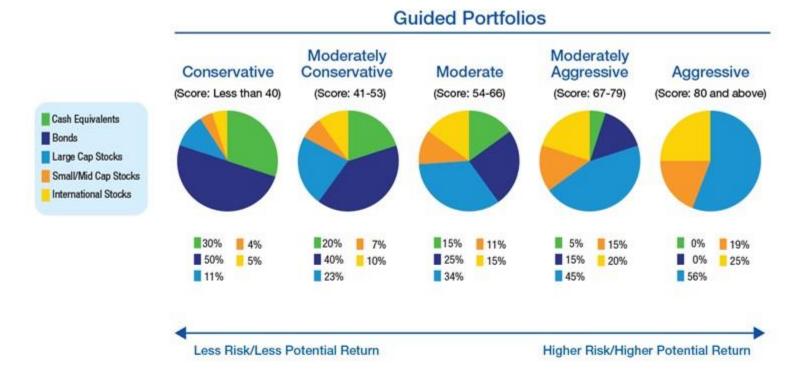
Score:

After each question, circle the letter that best describes you. Then, add up the points and match the total with the pre-mixed portfolios.

Please note that this profiling tool is only a guide.



#### **Guided Portfolios**

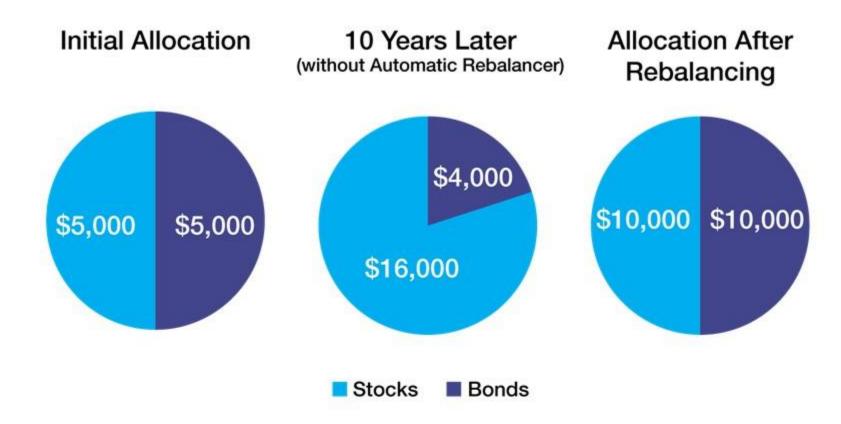


You should carefully consider the investment objectives, risks, charges and expenses of the investment options offered under the retirement plan before investing. Small-company (small cap) investing involves specific risks not necessarily encountered in large-company investing, such as increased volatility. Funds that invest in bonds are subject to certain risks, including interest-rate risk, credit risk and inflation risk. As interest rates rise, the prices of bonds fall. International investing involves certain risks, such as currency fluctuations, economic instability and political developments. These risks may be accentuated in emerging markets.

Your plan may be funded by a mutual fund trust, collective trust or a group annuity contract. All are suitable for long-term investing, including saving for retirement. While annuities generally provide tax-deferred treatment of earnings, the group annuity contract does not provide any additional tax-deferred treatment beyond the treatment provided by your retirement plan.



# Don't Forget About This Tool



This simplified example shows how Automatic Rebalancer works; choosing diversified investments can help reduce your risk.

Past performance is no guarantee of future results. This example is hypothetical and for illustrative purposes only and is not indicative of the performance of any specific investment.





# FORMS



- Savings Form
  - Keep a copy to set-up payroll deductions

Savings Form



HOW MUCH DO YOU WANT TO SAVE?

Diocese of Sacramento 403(b) Plan

#807165

Sign up now! Simply complete the information below to begin saving in your retirement plan. Return the completed form to Your Bookkeeper.

YOUR INFORMATION			
Social Security Number	Last Name	First Name	
Mailing Address	City	State	ZIP
Date of Birth (mm/dd/yy)	Date of Hire (mm/dd/yy)	Email Address	Phone

Pre-Ta	x Savings (Che	ck One)	
			is 1% of your compensation. The most you can save during 2023 is \$22,500 (\$30,000 if logal limits may apply.
I elect	to contribute as	pre-tax contribut	ions:
0	%	□s	per paychock
□No p	ore-tax amounts	at this time. I ele	ct to opt out of pre-tax contributions and understand I can enroll at a later time.
Roth S	Savings (Check	One)	
contrib	rute is 0% of you	or compensation.	ontribute to your Roth retirement savings account. The smallest amount you can The most you can save during 2023 (including any pre-tax contributions) is der). Other plan or logal limits may also apply.
0_	%	□s	per paycheck

AUTHORIZATION
I authorize my employer and the plan administrator to deduct from my earnings the amounts determined by the designation above and to forward such amounts to the plan. I also direct my employer and the plan administrator to implement any other instructions have provided on this form. I have read the Disclosure Statement on this form and, by signing here, agree to be bound by its terms. The employer, bustees and any others concerned with the administration of the plan are entitled to rely on these instructions; each shall be fully protected in taking or omitting any action under any provisions of the plan in reliance on this information.

I elect not to make Roth contributions at this time, I understand I can change my election at a later time.



- Investing Form
  - Send toVeronicaOberlanderatSUPERIORUSA

1			investing Forn	
heStandard"		Diocese	Diocese of Sacramento 403(b) Pla	
YOUR INFORMATION			18071	
Social Security Number	Last Name	First Name	First Name	
Mailing Address	City	State	ZIP	
Date of Birth (mm/dd/yy)	Date of Hire (mm/dd/yy	) Email Addr	ess Phone	
HOW DO YOU WANT TO INVE	ST YOUR CONTRIBUTIONS	,		
The Standard can help you manage y completing the independent section b und(s). You may change your investment inst Complete only one subsection, not bot	elow. If you do not make a select ructions at any time by logging in a.	on, your contributions will to www.standard.com/ret	l be invested in the plan's default irement or calling 800.858.5420.	
	Choose one of the Guided Portfolio titolios can be found on the reverse		propriete bax.	
☐ Consensitive	☐ Moderately Conserva	cive	oderate	
☐ Moderately Aggressive	☐ Aggressive			
% Disholard Blacks AsserA % American Funds Armer Steened Rei. % American Funds 2000 Typ Reir Rei % Caward Life (Exp Option either is selfe) % Vanguard Reir Cap Val Ex Adm % Vanguard Tio the Bis Ide Adm % Vanguard Tio the Bis Ide Adm	To Vanguest for bit Micros. Ac 56. American Funds. 2020 Tight 56. American Funds. 2005 Tight 56. American Funds. 2005 Tight 56. American Funds. 2005 Tight 56. Vanguest Stores. Adm. 56. Vanguest Strad Cap Index. 56. Vanguest Simal Cap Index. 56. American Funds. Suranho. 6	Note Reli S. Am. Note S. Am.	ACO Total Retaminal sentera Punta 2020 Tig Ret Rel sentera Funta Sentera Rel sentera Funta Sentera Rel (otal)	
AUTOMATIC REBALANCER				
Check a box below to select the Auto vill be rebalanced to match your inve- to not make a selection below.				
low often would you like your accou	nt rebalanced?   Quarterly	Semiannually	Annually	
AUTHORIZATION				
authorize my employer and the plan ne plan administrator to implement a in this form and, by signing here, ag idministration of the plan are entitled inder any provisions of the plan in re	any other instructions I have pro- ree to be bound by its terms. The I to rely on these instructions; ea	rided on this form. I have e employer, trustees and	e read the Disclosure Statement I any others concerned with the	
Signature		Date		
FOR BOOKKEEPERS ONLY				
Please fax or email a copy of this form	n to SuperiorUSA Benefits	Fax: 218-725-9161 Email: contributions@superiorusa.com		

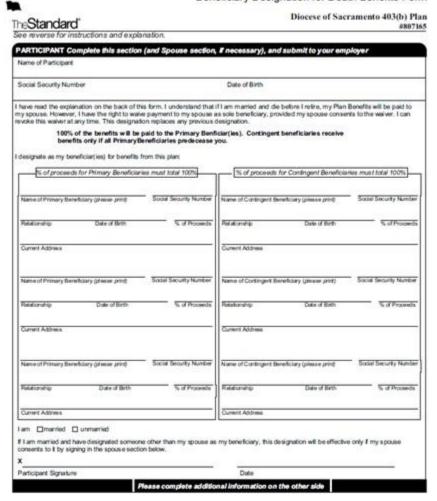
For questions, Please call 877-529-2477 x33

Investiga Form



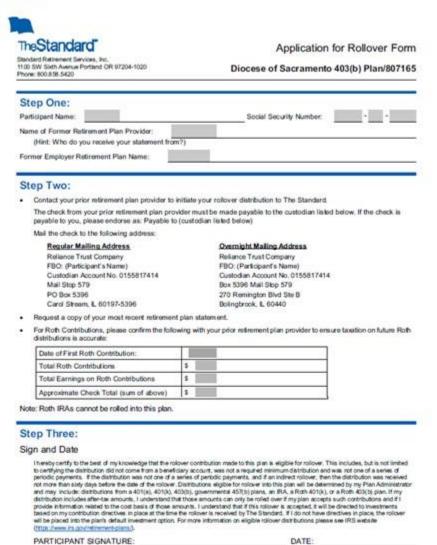
Beneficiary Form

#### Beneficiary Designation for Death Benefits Form





- Application for Rollover
  - Participants
     keep a copy
     and also send
     a copy to The
     Standard.





#### Resources

# Personal Savings Center standard.com/retirement

Interactive phone system 800.858.5420

Veronica Oberlander voberlander@superiorusa.com

Payroll & Contribution Consultant SuperiorUSA Benefits

Toll Free: 877- 529-2477 Ext. 33

Fax: 218-725-9161

Toll Free Fax: 877-422-5192







#### THANK YOU





Employers and plan participants should carefully consider the investment objectives, risks, charges and expenses of the investment options offered under the retirement plan before investing. The prospectuses for the individual mutual funds in the group annuity contain this and other important information. Prospectuses may be obtained by calling 877.805.1127. Please read the prospectus carefully before investing. Investments are subject to market risk and fluctuate in value.

The Standard is the marketing name for StanCorp Financial Group, Inc., and its subsidiaries. StanCorp Equities, Inc., member FINRA, wholesales group annuity contract issued by Standard Insurance Company and a mutual fund trust platform for retirement plans. Standard Retirement Services, Inc., provides financial recordkeeping and plan administrative services. Investment advisory services are provided by StanCorp Investment Advisers, Inc., a registered investment advisor. StanCorp Equities, Inc., Standard Insurance Company, Standard Retirement Services, Inc., and StanCorp Investment Advisers, Inc., are subsidiaries of StanCorp Financial Group, Inc., and all are Oregon corporations.



# BREAK



# BENEFITS REMINDERS



# HSA PAYROLL PROCESS/UPDATES

- Health Equity is the administrator for HSA plans.
- HSA set-up in ADP WorkforceNow available at <a href="https://www.scd.org/sites/default/files/2020-12/HSA-Setup-in-ADP-111820.pdf">https://www.scd.org/sites/default/files/2020-12/HSA-Setup-in-ADP-111820.pdf</a>
  - Please contact the Lay Personnel Office to obtain employee's direct deposit bank information
- Employee HSA payroll deduction form available at <a href="https://www.scd.org/sites/default/files/2022-10/Employee HSA Payroll Deduction Form-October-2022.pdf">https://www.scd.org/sites/default/files/2022-10/Employee HSA Payroll Deduction Form-October-2022.pdf</a>



#### BAS STATEMENTS

- Monthly invoices are generated and emailed on the 21st of the month.
- Invoices must be reviewed on a monthly basis.
- Priest health premiums are now included in BAS Statements
- ADP / Reta Enroll
- 2023-2024 Benefits calculation worksheet (PT 10 & PT1001)



# WAIVER OF GROUP HEALTH BENEFITS

- If an employee waives medical coverage, please provide them a waiver of group health benefits form.
- Waiver form must be completed annually.
- Waiver form:

https://www.scd.org/sites/default/files/2019-06/Waiver%20of%20Group%20Health%20Bene fits.pdf

#### QUALIFYING LIFE EVENT PROCESS

- Employees must complete qualifying life events electronically in RetaEnroll.
- Employees will be prompted to upload proof documents specific to their Qualifying Life Event during the submission process.
- Location Administrators must submit all Benefits Class changes to Reta Trust Customer Service at: <a href="mailto:service@retaenroll.org">service@retaenroll.org</a>.
- All life events for Reta are effective the 1<sup>st</sup> of the month following the date the Qualifying Life Event occurs. However, newborns are effective on the date of birth.
- Instructions on how to submit a life event available at <a href="https://www.scd.org/sites/default/files/2020-01/RETA%20Life%20Event%20Model%20Employee%20%20%5B3%5D.pdf">https://www.scd.org/sites/default/files/2020-01/RETA%20Life%20Event%20Model%20Employee%20%20%20%5B3%5D.pdf</a>

### LUNCH



# PERSONNEL REMINDERS & UPDATES



## PERSONNEL FORMS BEST PRACTICES

- All forms are found on our Diocesan
   Website under the Lay Personnel page.
  - https://www.scd.org/lay-personnel/employeeforms
  - Date is listed when forms have been updated
  - Print forms as needed as updated regularly
  - PT10/PT1001 Form located on website
- Paperwork required to be sent to Lay Personnel
  - i.e. PT 200 Personnel Transaction:Separation/Change



# PERSONNEL HANDBOOK UPDATES

- The following polices have been updated:
  - 7.0 Work Hours/Attendance
  - 31.2 Holidays
  - 31.3 Sick Pay Policy
  - 31.4 Bereavement Pay Policy
  - 42.0 General Standards of Conduct
  - 51.0 Workplace Violence/Workplace Security
  - 56.0 Expense Reimbursement Allotment Policy
  - 57.0 Employee Referral Policy
- The following policies have been implemented:
  - 11.1 Hiring of Permanent Deacons and their Families
  - 50.0 Infectious Disease Preparedness and Response Plan
- New Agreement Regarding Arbitration of Disputes.
- All employees should have been provided with a copy of the updated Lay Personnel Handbook. The acknowledgement forms at the end of the handbook should have been signed by the employee and submitted back to you for their personnel file.



#### ORIENTATION PROCESS

- Using New Hire Checklist
  - Ensure Pre-Application and Application is completed before moving to hire
  - Pre-hire Section
    - Ensure clearances are obtained
    - If previously employed in the Diocese, ensure they left in good standing
  - Post-hire Section
    - Onboarding, Memo for State Forms
- Ensure all required clearances have been completed before entering new hire into ADP



#### HR RECORD RETENTION

- The law has expanded the record retention requirement for employment records to 4 years
- Ensuring tabs are set-up (color coded)
  - Preferably in 2 drawer file cabinet
    - Records older than 4 years should be stored separately from the records in the drawers
    - The Diocese is still under a "do not destroy" order regarding personnel documents.



#### BENEFIT ELIGIBILITY

- Regular Part-Time and Full-Time Employees (20 hours or more a week) are eligible for all fringe benefits
- Occasional Part-Time Employees (19 hours or less a week) are not eligible for fringe benefits
  - Employees shared between sites may be eligible for medical benefits if the combined hours worked at all sites are 20 hours or more a week
  - Employees working more than 19 hours a week occasionally/frequently may be eligible for medical benefits, if weekly average is 20 hours or more a week
- Temporary Employees (assignment 6 months or less) are not eligible for fringe benefits
  - If the temp assignment extends beyond 6 months, contact Lay Personnel as a status change may be necessary



#### TRANSITION OF KEY POSITIONS

- When possible provide the Diocese with a 2 week notice when changes with key positions such as Bookkeeper, Payroll/RETA Contact,
  Office/Business Managers
  - Need to know to ensure access is appropriately transferred
  - Would like to assist with orientation in respective areas of expertise



#### LAY PERSONNEL BACKGROUND

#### **CHECK**

- New hire candidates, independent contractors, or volunteers in certain positions are to complete and clear the general background check prior to beginning work.
  - The background check should be conducted when the employee or volunteer is performing the following duties:
    - Will confer signing authority on a bank account maintained by Employer;
    - Will involve the handling of cash or checks on a regular basis;
    - Will access proprietary or confidential information or records; or
    - Will provide access to financial activities or operations of Employer.
    - Will operate a company vehicle.
  - Note: This background check is processed through Lay Personnel and is not the same background check conducted through Livescan with Safe Environment.



#### LAY PERSONNEL BACKGROUND



Diocese of Sacramento — Human Resources Services

#### REQUEST FOR BACKGROUND CHECK

Background check requested by:			
Parish/School/Agency (circle one)			
City			
Hiring Person	Name & Title		
Contact Information	Pho	ne	553
<u>-</u>	Emo	uil	
	Fax		
Applicant's Name			
Position Applied For			
MVR Screening Required by the pos	sition:	☐ Only a Back-Up	□ No

#### Fax completed form to (916) 733-0238 or scan and email to <u>personnel@scd.org</u> with the following:

- ✓ Applicant's signed Disclosure & Authorization form
- ✓ Applicant's signed Background Information form
- ✓ Page 3 of the Employment Application (Employment History)

Questions: Call Lay Personnel at (916) 733-0239



<sup>\*</sup>Please Note: Parish / School/ Agency will be billed upon completion of background check.

<sup>\*</sup>Additional fees may apply for searches and/or pre-adverse and adverse letters.

# LAY PERSONNEL BACKGROUND CHECK CONT'D

\*To be filled out by Employer \*Copy to Applicant

#### NOTICE REGARDING CREDIT CHECKS PER CALIFORNIA LAW:

Pursuant to Section 1024.5 of the California Labor Code, the Company informs you that it may obtain a credit report about you from the above named entity, because you are seeking to work in the following position:

An employee covered by the executive exemption set forth in subparagraph (1) of paragraph (A) of Section 1 of Wage Order 4 of the Industrial Welfare Commission;
A position in the state Department of Justice;
A sworn peace officer or other law enforcement;
A position for which the information contained in the report is required by law to be disclosed or obtained;
A position that involves regular access to specified personal information for any purpose other than the routine solicitation and processing of credit card applications in a retail establishment, such as bank or credit card account information, social security number, or date of birth;
A position which the person can enter into financial transactions on behalf of the company;
A position that involves access to confidential or proprietary information;
A position that involves regular access to \$10,000 or more of cash;
A position that involves operating a company vehicle; OR
The Company will not obtain a consumer credit report on you.



# LAY PERSONNEL BACKGROUND CHECK CONT'D

• All forms for the Background Check can be found by accessing the following link: <a href="https://www.scd.org/lay-personnel/lay-personnel-policies-and-forms#background">https://www.scd.org/lay-personnel-policies-and-forms#background</a>



### SAFE ENVIRONMENT LIVE SCAN AND SAFE HAVEN TRAINING

- Employee vs. Volunteer
  - Employee cleared DoJ and FBI
  - Volunteer cleared DoJ only
  - High School Coaches always DoJ and FBI
- Parishes and Schools are cleared under different codes information on fingerprinting cannot be shared between parishes and schools.
- School Employee vs. Parish Employee
  - Parish with school on site all employees must complete both requirements
  - Employee Live Scan Verification Form
  - What to do if employee is working at multiple sites
- Compliance Reports
  - Sent out automatically the first of the month to the site's Safe Environment Contact
  - 3 reports:
    - ✓ Staff Complete (all requirements met)
    - ✓ Volunteer complete (all requirements met)
    - ✓ In Progress (volunteer and staff missing one of the requirements either fingerprinting or training)
- Safe Haven Training
  - Offered through Catholic Mutual Group
  - Must be renewed every 3 years



#### SEXUAL HARASSMENT

#### **TRAINING**

- Sexual Harassment Training must be renewed every odd year for the Sacramento Diocese.
- All employees will be required to complete the training.
  - Employees must complete the one hour training
  - Supervisors must complete the two hour training
- All training will need to be completed in the Fall of 2023.
  - Audits will begin in November of 2023.
- All training is accessed through CMG. More information can be found through the following link:
  - https://www.scd.org/sites/default/files/2020-12/SCD-Sexual-Harassment-Training.pdf



#### LOA'S AND WC CASES

- LOA forms are required to be completed anytime an employee is out of work for more than 7 days.
  - LOA Forms and information can be found by accessing the following link: <a href="https://www.scd.org/lay-personnel/leave-absence">https://www.scd.org/lay-personnel/leave-absence</a>
- WC Paperwork must be completed immediately after an accident.
  - WC Forms and information can be found by accessing the following link: <a href="https://www.scd.org/lay-personnel/workers-compensation-forms">https://www.scd.org/lay-personnel/workers-compensation-forms</a>
    - LWP Claims Solutions
      Robin Mays, Senior Claims Adjustor
      Phone: 916-609-3665
      Email: r\_mays@lwpclaims.com
  - Note: A WC incident requiring the employee to be off of work for more than 7 consecutive days will also require the leave of absence paperwork to be completed.
- All accommodation/restriction request must be reviewed with the HR Director before returning the employee back to work.



#### Insurance Stoploss

- Must remove employee from our benefits if out longer than 6 months
  - Per our policy, "An employee taking medical/family leave will be allowed to continue participating in any employee benefit plans in which he/she was enrolled before the first day of the leave (for the duration of the approved leave up to the maximum of 6 months) at the level and under the conditions of coverage as if the employee had continued in employment for the duration of such leave."
  - After the 6 month period must offer Continuation of Coverage
- Loss of reimbursement if we do not follow our policy



### TERMINATION REQUIREMENTS

- All terminations <u>must</u> have prior approval from the HR Director and Legal. Failure to receive approval will result with the loss of liability insurance provided by Catholic Mutual.
  - This includes any lay-off's.
- Only exception is when an employee voluntarily resigns.
- Completing documents at the time of termination
  - Separation Checklist PT690 From



#### ADP ROLLOUT

- We will be using the electronic time keeping system with ADP
  - Wrapping up the transition process
  - No exemptions
- Electronic Approvals
  - Direct supervisor must review and approve the timesheet after the employee (i.e. Pastor, Principal)
    - This is an organizations largest expense and must be approved for the payroll administrator to administer the pay
  - If there are changes with the supervisor or payroll processor a PT200 needs to be completed before the changes in Time and Attendance can be made.
- Punch Corrections and Edits must be requested by the employee using the PT503 Form
  - Everything is tracked in ADP, we can see what was entered, by who and when
- Ensures compliant with Labor Laws
  - Meal premiums cannot be removed
  - OT obligations will be met
  - Wage and Hour Claims are not covered by Catholic Mutual



#### MISC. PAYROLL ITEMS

- Minimum Wage Increase Jan. 1, 2023:
  - New hourly minimum of \$15.50/hour.
  - New salary minimum of \$64,480 annually.
  - Please Note: If the employee is a teacher, the rates above do not apply to them as they have a different pay scale that is released from the Catholic School Department.
- Advised COLA Increase July 1, 2023:
  - 4.5% increase
- Bonuses
  - While we do not advise providing bonuses, if a bonus is provided it must be processed through payroll.
- Stipends
  - Employees cannot be paid stipends. They earn wages and must be provided wages in accordance with labor laws.
- W-2's can only be obtain from employed site or payroll processor not the Pastoral Center



#### PAY TRANSPARENCY LAWS

• January 1, 2023, California's new pay transparency law requiring pay scales in job openings.

#### Required Pay Transparency in Job Posting:

Now must include a position's salary or hourly wage range (not including bonuses or equity-based compensation) in any internal or external job posting. This requirement extends to job postings published by a third party at an employer's request.

### • Expansion of pay scale disclosures upon request:

- Current employees who request the pay scale for the position in which they are currently employed, must be provided with the position's salary or hourly wage range.
  - The employee should place the request in writing using the PT 656 Form.
  - You will need to respond to the employee in a reasonable timely fashion.
- Failure to comply with these requirements may subject the employer to a civil penalty up to \$10,000 per violation.



#### Breakroom Postings

- All sites have been provided with custom made California and Federal Employment Notice Posters
  - Religious employers have a religious exemption for some laws, we should not be posting laws that do not apply to us
- Action to take:
  - Remove all posters not provided by the Diocese
  - Cancel any subscriptions or orders through outside vendors, if you haven't done so already



#### COVID-19 ITEMS

- Occurrence Reporting
  - When the employer knows or reasonably should know that an employee has tested positive for COVID-19, the employer must report to LWP Claims Solutions.
    - The Occurrence Report must be completed within 24 hours of notification and sent to LWP
- California Department of Public Health and Employer requirements
- COVID Resources
  - https://www.scd.org/lay-personnel/coronaviruscovid-19



### **EQUIFAX**

- All unemployment claims must be submitted to Equifax.
- Equifax Workforce Solutions

Attention: Liza Parodi

Fax: (866) 219-8832

Phone: (833) 946-0624 ext. 7691

Email: liza.parodi@equifax.com



#### THE WORK NUMBER

- All Employment Verifications should be conducted through The Work Number.
- Accessing The Work Number
  - Start by going to <u>www.theworknumber.com</u>
  - Select "Log In" and follow the simple prompts
  - Enter the Employer code 26785
    - If this is your first time pick "Register Now"
    - If a returning user enter your username and password you set up.
  - The screens prompts will walk you through all the steps to help verify your identity and keep your account private while offering helpful messages if you have problems.
- A more detailed guide can be found by accessing the following link:

https://www.scd.org/sites/default/files/2021-03/Employee Guide%20to%20The%20Work%20Number %20%28March%202021%29 0.pdf



#### WEEKLY NEWS ON WEBSITE

- Important to read:
  - Updates from all departments
- Always available on the website if not emailed to you (left hand side of home page)
  - Distributed on Mondays (unless it is a holiday)



# MISCELLANEOUS BOOKKEEPING ITEMS



### Miscellaneous

#### BOOKKEEPING ITEMS

- Review of Due Dates Flyer
- Define 535 vs 540 and 585
- Capital Projects Rules and Insurance Requirements
- Documentation for Contractors (DE 542)
- Welfare & Property Exemptions
- Correct use of AP & AR in QuickBooks



### WRAP – UP AND QUESTIONS?



