



# DIOCESE OF SACRAMENTO

## Office of Youth & Young Adult Ministry

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## MEMO

**To:** Pastors, Youth Ministers, Young Adult Ministers, & Confirmation Coordinators

**From:** Antony Ta & Alex Barraza

**Date:** January 06, 2022

**RE:** First Things

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We encourage all Youth and Young Adult Ministry leaders to register for First Things, a nationwide initiative to provide leaders of YYA ministries direction and formation on creating a strong foundation for their ministry. Participants will review important documents like Christus Vivit, Renewing the Vision, listen to webinars on planning, organization and communication as well as hands-on practical assignments to put into practice their learning. Participants will meet in virtual cohorts with peers from our diocese to connect, discern and pray with. For more information and to register, visit <https://www.scd.org/firstthings>.

Through this seven-session program, participants will be able to renew, refresh and re-evaluate their ministry efforts. Whether volunteer or paid, this training provides direction for those taking on leadership roles. Think of it as Basic Training in Comprehensive Ministry. We are now accepting registration for our winter/spring cohorts at \$75 per person and will include a complementary associate membership to the NFCYM for a year.

Thank you for your commitment in accompanying young people toward an authentic encounter with Jesus Christ. We look forward to working alongside you and your team as we journey together towards engaging and empowering our young people to live as missionary disciples in the world today. Should you have any questions, feel free to contact us, Antony Ta (916) 733-0151 [ata@scd.org](mailto:ata@scd.org) or Alex Barraza (916) 733-0134 [abarraza@scd.org](mailto:abarraza@scd.org).