



DIOCESE OF  
SACRAMENTO

OFFICE OF FAMILY  
& FAITH FORMATION

# *Family & Respect Life Ministry Support Groups*

## **NATURAL FAMILY PLANNING**

**Quarterly @ 7 pm**

Support group meetings are designed for anyone involved in or supportive of NFP. Come share your passion and ideas to promote further awareness of NFP and its methods.

**2022:** 1/25, 4/26, 10/25

**Annual Gathering:** 7/16/22

## **MARRIAGE PREP**

**Quarterly @ 7 pm**

Anyone involved with marriage prep (or wishing to be) are invited to join these support meetings. Hear from each other while keeping up to date on curricula, trainings and enrichment opportunities.

**2021:** 10/27

**2022:** 1/26, 4/27, 10/26

**Annual Gathering:** 7/16/22

## **GABRIEL PROJECT**

**Quarterly @ 7 pm**

A parish-based ministry to support pregnant mothers. You can join our support group meetings to learn how to bring it to your parish and/or share best practices.

**2021:** 10/28

**2022:** 1/27, 4/28, 7/28, 10/27

## **RESPECT LIFE/PRO VIDA Bimonthly/Bimensual @ 7 pm**

Stay informed on the latest developments in respect life ministry.

**2021:** 12/2

**2022:** 12/3, 4/7, 6/2, 8/4, 12/1

Mantente informado en nuestras reuniones de apoyo de respeto a la vida.

**2021:** 12/9

**2022:** 2/10, 4/14, 6/9, 8/11, 12/7

**To register and for more  
information on locations,  
contact:**

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