

DIOCESE OF SACRAMENTO

Office of Family & Faith Formation

Office of Youth & Young Adult Ministry

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Guidelines for Faith Formation and Youth Ministry 2021-2022

Due to the current circumstances with the COVID pandemic, we would like to provide the following guidance to ensure the safety and welfare of our families while attending Faith Formation and Youth Ministry Activities.

General

- Continued focus on family-based programs and parent formation is encouraged.
- Maintain good and constant communication with your catechetical team and families.
- In person sessions are allowed, hybrid modules are recommended.
- Keep groups small (10-15 students). For larger programs bi-weekly sessions, monthly sessions or rotating sessions will help the participants and catechists.
- For indoor spaces, ventilation should be optimized.
- Catechists/aids can assist students at their individual desks.
- Sharing supplies (paper, pencils, and other classroom supplies) should be limited as much as possible. If feasible, have a separate set of supplies for each student. Keep each participant's supplies and belongings in separate, individually labeled boxes or cubbies.
- All used spaces should be sanitized after use. Disinfecting (using disinfectants on the U.S. Environmental Protection Agency COVID-19 list) removes any remaining germs on surfaces, which further reduces any risk of spreading infection. The Director of Religious Education, Coordinator of Youth Ministry or like position will be responsible for ensuring the sanitization of each space used.

Use of Masks

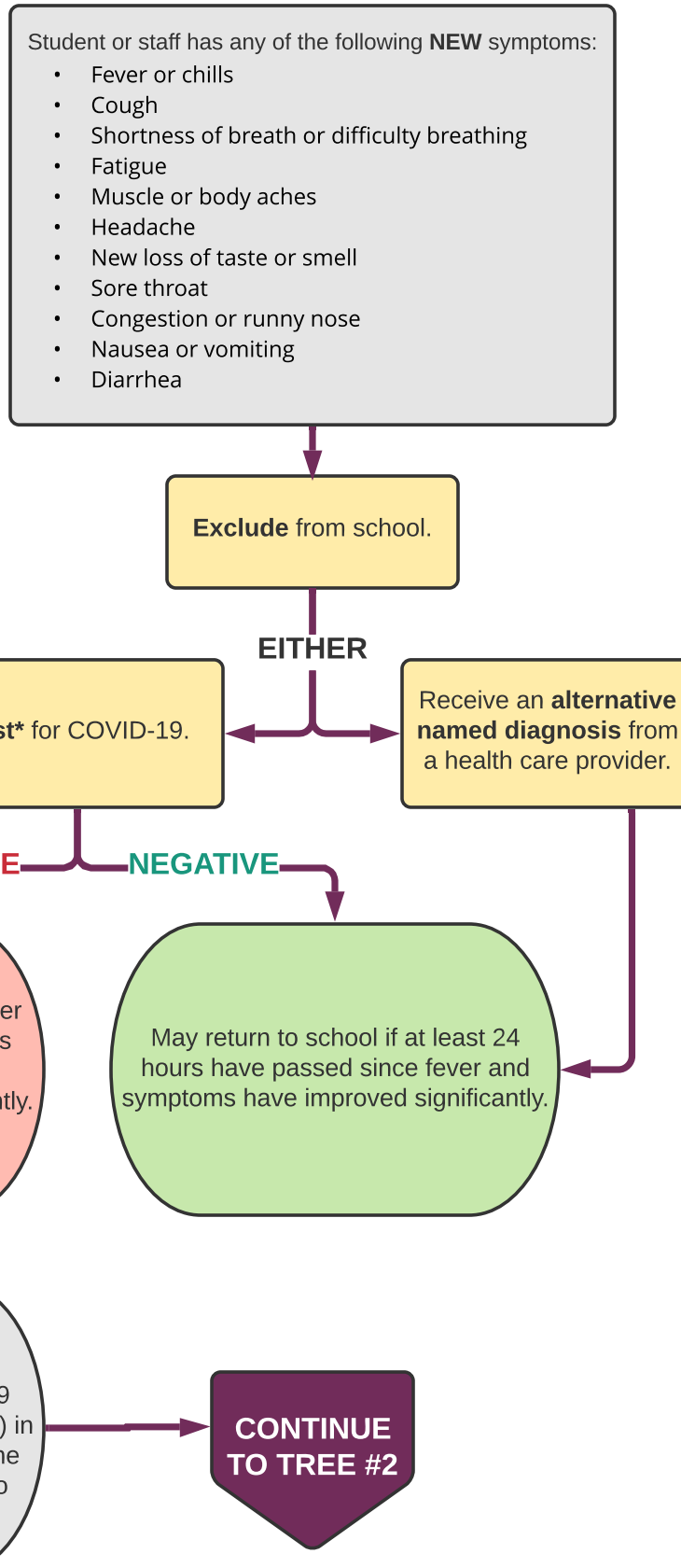
- All persons must be masked indoors, regardless of vaccination status. This includes adults, children, and youth. Exemptions are followed per CDPH face mask guidance.

Quarantine

- Quarantine Requirements for Infected or Symptomatic Individuals
 - Advise staff members and parents/guardians/children/youth/adults with symptoms of COVID-19 infection not to return for in-person instruction until they have met CDPH criteria to return for those with symptoms:
 - a. At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; and other symptoms have improved, **AND**
 - b. They have a negative test for SARS-CoV-2, **OR**
 - c. A healthcare provider has provided documentation that the symptoms are typical of their underlying chronic condition (e.g., allergies or asthma), **OR**
 - d. A healthcare provider has confirmed an alternative named diagnosis (e.g., Streptococcal pharyngitis, Coxsackie virus), **OR**
 - e. At least 10 days have passed since symptom onset.
- Quarantine Requirements for Possible COVID Exposure
 - Modified quarantine for students with close contact to COVID-19 at program: if both the exposed student and the person with COVID-19 were wearing face masks, the exposed student may continue to attend the program with testing.
 - Students with outdoor exposures at program must quarantine only if the exposure happened while unmasked and seated, or during high-contact sports.
 - Students in the same class or group as a positive COVID-19 case must quarantine only if they are known to have spent 15 minutes within 4 feet of the case.

COVID-19 Symptom & Quarantine Decision Forest for K-12 Schools

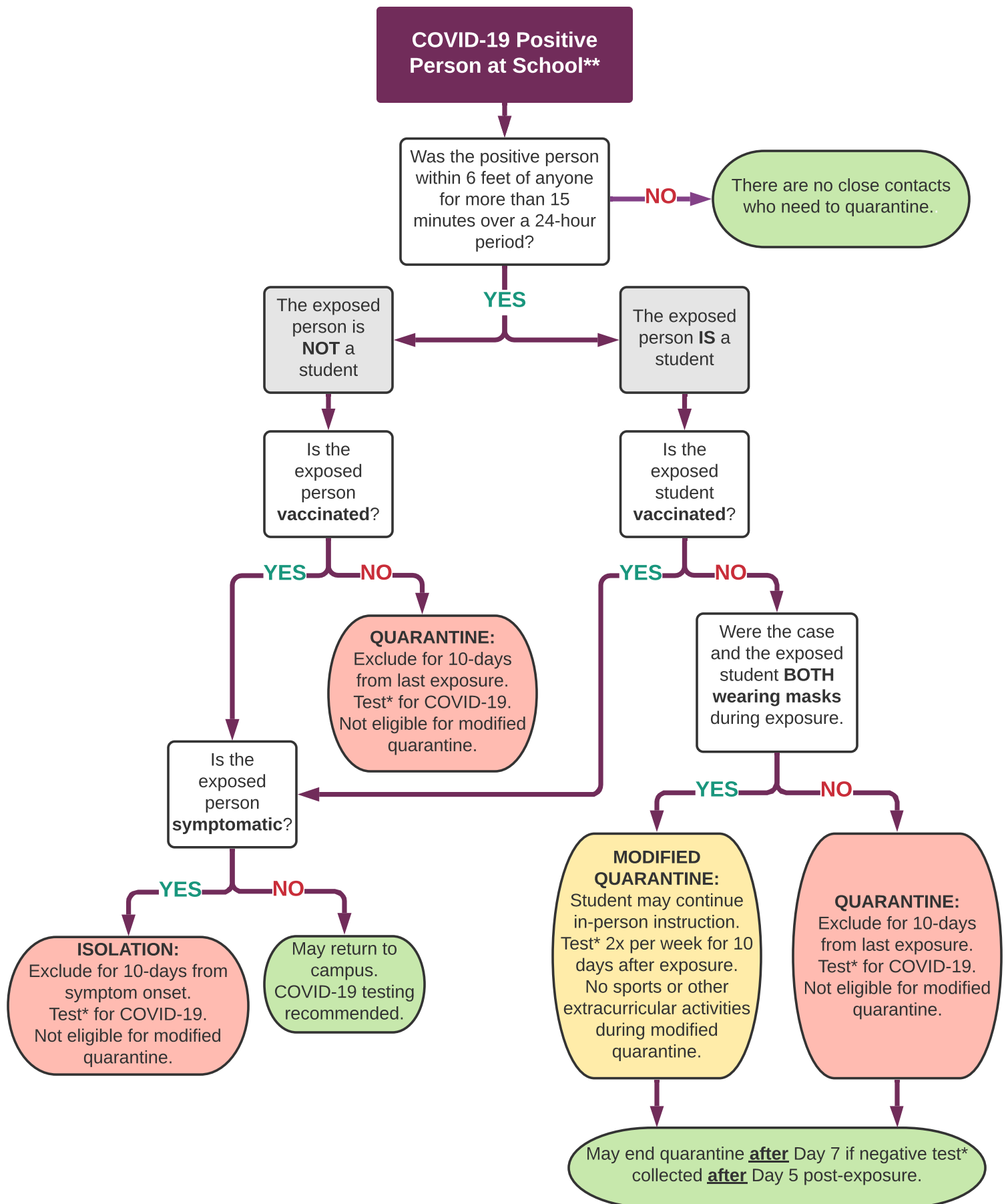
TREE #1: STUDENT OR STAFF WITH SYMPTOMS



* PCR or rapid antigen testing are acceptable testing methods.

** School setting in which students are supervised by school staff, including indoor or outdoor school settings and school buses.

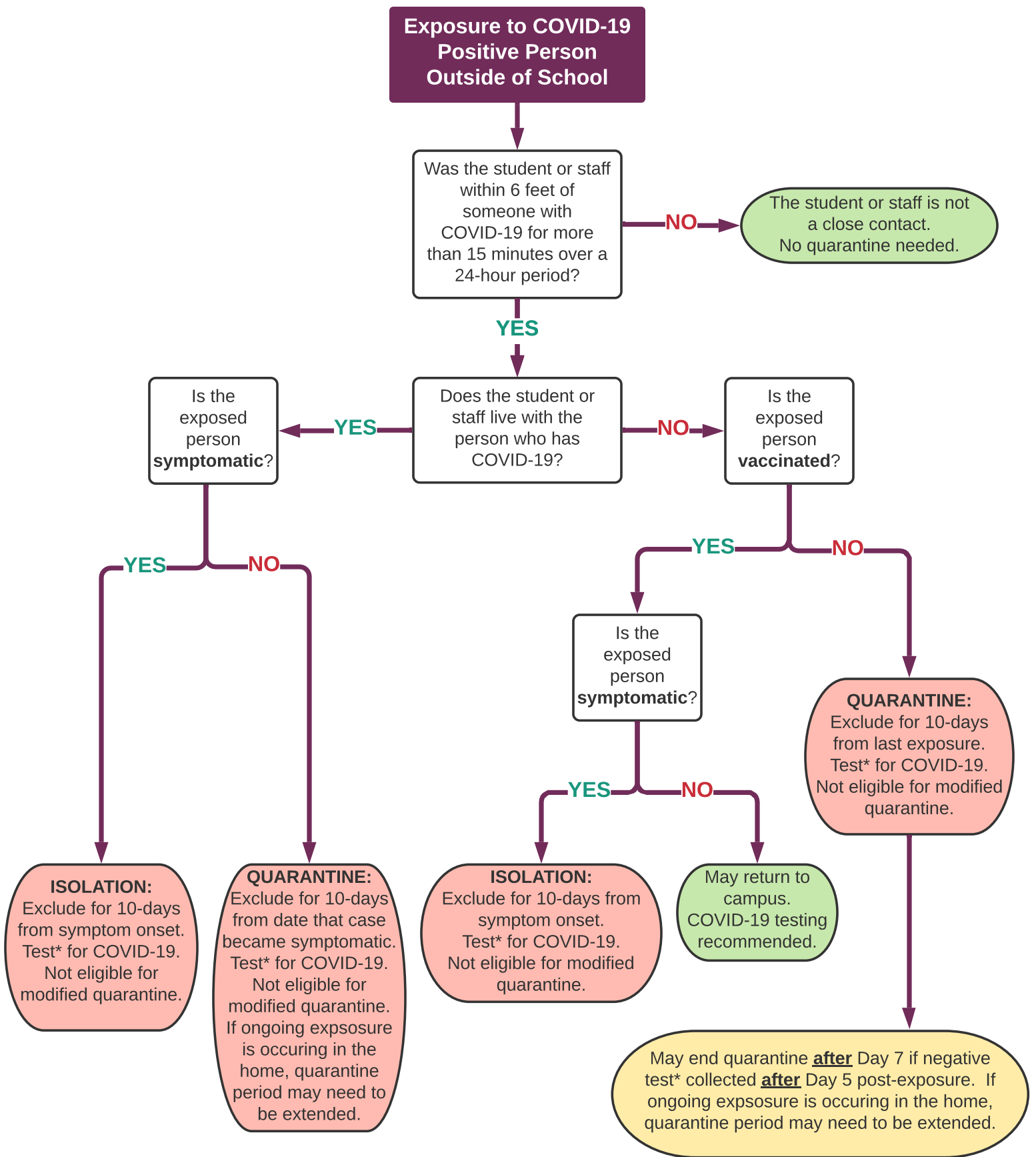
TREE #2: COVID-19 POSITIVE PERSON AT SCHOOL**



* PCR or rapid antigen testing are acceptable testing methods.

** School setting in which students are supervised by school staff, including indoor or outdoor school settings and school buses.

TREE #3: COVID-19 POSITIVE EXPOSURE OUTSIDE OF SCHOOL



* PCR or rapid antigen testing are acceptable testing methods.

** School setting in which students are supervised by school staff, including indoor or outdoor school settings and school buses.

August 17, 2021

