



DIOCESE OF SACRAMENTO  
Office of Family & Faith Formation

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# Third Sunday of Easter

with Fr. Michael Vaughan, Pastor  
Good Shepherd Parish, Elk Grove

## Gospel, Luke 24:35-48

The two disciples recounted what had taken place on the way, and how Jesus was made known to them in the breaking of bread. While they were still speaking about this, he stood in their midst and said to them, "Peace be with you."

But they were startled and terrified and thought that they were seeing a ghost. Then he said to them, "Why are you troubled? And why do questions arise in your hearts?"

Look at my hands and my feet, that it is I myself.

Touch me and see, because a ghost does not have flesh and bones as you can see I have."

And as he said this, he showed them his hands and his feet.

While they were still incredulous for joy and were amazed, he asked them, "Have you anything here to eat?" They gave him a piece of baked fish; he took it and ate it in front of them.

He said to them, "These are my words that I spoke to you while I was still with you, that everything written about me in the law of Moses and in the prophets and psalms must be fulfilled." Then he opened their minds to understand the Scriptures. And he said to them, "Thus it is written that the Christ would suffer and rise from the dead on the third day and that repentance, for the forgiveness of sins, would be preached in his name to all the nations, beginning from Jerusalem. You are witnesses of these things."

## Reflection Luke 24:47

"Thus it is written that the Christ would suffer and rise from the dead on the third day and that repentance, for the forgiveness of sins, would be preached in his name to all the nations, beginning from Jerusalem. You are witnesses of these things."

St. John speaks about having seen, touched and heard Jesus. The experience of Jesus Christ was what made the apostles bold in their preaching. Pope Benedict XVI said that Christianity can be summed up as an encounter with a person and his name is Jesus Christ.

Because of the Resurrection, Jesus is alive in our midst. We encounter Christ daily by faith. Prayer and the reception of the Sacraments are the privileged place for this to happen. He is also present in our neighbor whoever that person may be.



<https://www.catholic.com/photo/5604-vitral-resurreccion->

### Questions for Reflection:

Can I say that I personally know Jesus?

Do I experience him in my daily life?

Am I able to name what might be preventing this encounter?

## Exsultet

Rejoice, heavenly powers! Sing, choirs of angels!

Exult, all creation around God's throne! Jesus Christ, our King, is risen! Sound the trumpet of salvation!

Rejoice, O earth, in shining splendor, radiant in the brightness of your King! Christ has conquered! Glory fills you! Darkness vanishes for ever!

Rejoice, O Mother Church! Exult in glory! The risen Savior shines upon you!

Let this place resound with joy, echoing the mighty song of all God's people!

