

Mission Trip Service Projects

These options are provided to give you ideas. You are free to choose one of these or to do another one that you already have in mind. We ask that you pick out the project(s) PRIOR to the Mission Trip so that you are prepared with the supplies needed.

Send us a picture! Send a picture of you doing your project and/or of the completed project to your Youth Minister. We want to celebrate your efforts and be inspired by your great service!

Corporal Works of Mercy

- **Create to Donate:**
- Toiletry Bags (for homeless - can ask for donations from family/parishioners)
 - <https://youtu.be/Bg3W0mSikDO> (can also use gallon sized zip lock bags)
- Cards for Kidz (cancer patients)
 - <http://cardzforkidz.org/how-to/>
- Vegas Cute (bows and headbands for children hospital patients)
 - <https://www.instagram.com/vegascute/>
- Color>Give>Smile (send your art to senior citizens)
 - <https://colorgivesmile.weebly.com>
- Ryan's Case for Smiles (sew pillowcases for cancer patients)
 - <https://caseforsmiles.org/get-involved/#sew>
- Preemies of the Carolinas (sew inspirational hearts for preemies)
 - <https://preemiesofthecarolinas.com/inspirational-hearts/>
- Project Linus (no sew blankets for homeless children and teens)
 - <https://www.projectlinus.org/patterns/pdf/NoSewFB.pdf>
 - <https://solanolinus.wixsite.com/project-linus-solano/blanket-types>

El Dorado, Placer, & Sacramento Counties

- Contact: Linda D (916) 804-9625 delreall@yahoo.com
- Foster Care to Success Red Scarf Project (knit/crochet red scarves for foster youth)
 - <https://www.fc2success.org/programsmentoring-and-support/red-scarf-project/>
- Snowline Hospice (El Dorado County) is looking for youth to make & donate vases for this organization.
 - <https://www.mtdemocrat.com/prospecting/petal-pushers-bring-joy-and-beauty/> .
 - Contact The Petal Connection directly to see if they partner with other hospices as well. <https://thepetalconnection.org/>

Spiritual Works of Mercy

Create to Donate:

- Rosary Bracelets (for elderly patients in the hospitals or for homebound – Deliver to Youth Minister or Parish office for EM's of sick to deliver)
 - <https://youtu.be/ugTJ1CLx6V0> (cord)
 - <https://youtu.be/rHxw0jO0Wnw> (beads)
- Rock painting with a purpose:
 - <https://inspirekindness.com/blog/rock-painting>
- **Adopt a Parish Prayer Request:** Check with your parish to see who is asking for prayers from the community and pray for them by name. Offer a Rosary or pray a Hail Mary for each of the names in the list of prayer intentions.
- Take time as a family and pray for Pope Francis, Bishop Soto, your pastor, our government officials.
- Even though is not November, pray for the deceased members of your family. Have a Mass be offered on their behalf and work for the Mass stipend.
- Pray for a specific cause.
 - <http://www.usccb.org/about/domestic-social-development/issues/index.cfm>

Works of Mercy moving on

- Pick one of your service projects and commit as a family to continue doing it.

Also:

- Care for Creation: Be an advocate! Make a plan for your family, your neighborhood or your parish. Write a prayer, make some posters, and collect recyclable bottles & cans. Take them to he local recycle center. Suggestions with that \$:
 - Buy flowers to plant & beautify the home of someone you know that couldn't do it on their own.
 - Call your parish administrator to see if recycling is done at your parish. If not, offer the money from your recyclable donation to buy a receptacle for the parish.
 - <https://www.smp.org/resourcecenter/resource/10146/>
- Faithful citizenship & Social Justice, (including racism, poverty, human trafficking, etc):
- ***I think this would be great for the older youth involved in the experience. I'm looking for activities that could be done from home but so far have not come up with anything. Does the idea spark any thoughts in which we could guide them?***
- <http://usccb.org/issues-and-action/faithful-citizenship/junior-and-high-school-age-student-lesson-plans.cfm>
- Care for the elderly, sick or homebound: Depending on the current circumstance, visits might be possible to just go and talk or read help clean or ask them for chore lists. If you don't know somebody personally you may contact your parish office to be connected with someone in your community.
 - Learn about other causes and commit to pray and be an advocate.
<http://www.usccb.org/about/domestic-social-development/issues/index.cfm>