

Diocesan Respect Life Novena



January 14-22, 2021

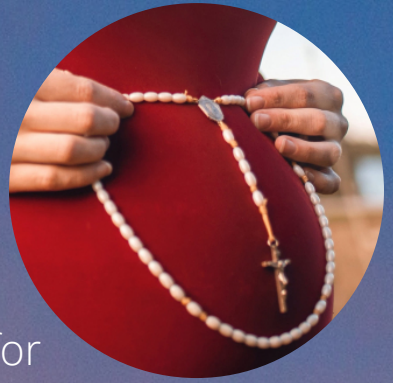
SUPPORT LOCAL MOMS IN NEED

Donate now to receive a Diocese of Sacramento Respect Life Packet which includes a "Protect Every Life" mask, digital Novena prayer card, Young Saint cards, and additional Respect Life information. Proceeds will go to Sacramento Life Center, Gabriel Project, and Bishop Gallegos & Mother Teresa Maternity Homes.

www.scd.org/protecteverylife



What is a novena?



The word “novena” is derived from the Latin word for nine, or “novem.” Typically, a novena refers to nine days of prayer, asking God for a specific intention, often through a Saint’s intercession. Novenas are a beautiful way to grow purposeful, consistent, and persistent in daily prayer.

Our Diocesan Respect Life Novena is dedicated to those babies who have been aborted, for those mothers who have suffered a loss of a child, and mothers in need.

How to Pray a Novena?

Step 1: Make the Sign of the Cross

Step 2: Pray for the intercession of the day

Step 3: Our Father, 3 Hail Marys, Glory be

Step 4: Pray the closing prayer and prayer of the Young Saint card

Step 5: End with Sign of the Cross



DAY ONE

January 14, 2021

Intercession

For an end to legal abortion in our nation and for the conversion of all hearts, so that the inherent rights of every human being be upheld.



Prayers

Our Father, 3 Hail Marys, Glory Be

*Heavenly Father,
thank you for the precious gift of life.*

*Help us to cherish and protect this gift, even in the midst of fear,
pain, and suffering. Give us love for all people, especially the
most vulnerable, and help us bear witness to the
truth that every life is worth living.*

*Grant us the humility to accept help when we are in need, and
teach us to be merciful to all. Through our words and actions,
may others encounter the
outstretched hands
of Your mercy.*

*We ask this through
Christ, our Lord. Amen.*



Prayer to Saint Joan
of Arc

Prayer on the back of the
prayer card



DAY TWO

January 15, 2021

Intercession

May every expectant mother receive compassionate care and support as she nurtures the life in her womb.



Prayers

Our Father, 3 Hail Marys, Glory Be

O Blessed Mother, you received the good news of the incarnation of Christ, your Son, with faith and trust. Grant your protection to all pregnant mothers facing difficulties. Guide us as we strive to make our parish communities places of welcome and assistance for mothers in need. Help us become instruments of God's love and compassion. Mary, Mother of the Church, graciously help us build a culture of life and a civilization of love, together with all people of good will, to the praise and glory of God, the Creator and lover of life. Amen.



The Annunciation

Pray The Angelus on the back of prayer card

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DAY THREE

January 16, 2021

Intercession

May expectant mothers choosing adoption receive grace and support in embracing this loving option.



Prayers

Our Father, 3 Hail Marys, Glory Be

*Heavenly Father,
bless all expectant mothers who are placing their children for adoption and who may also be young and afraid. They love their children so much that they are willing to place them with a loving family. Bless, too, all the women who already have shown the sacrificial nature of a mother's love in making adoption plans for their children. Give them all your courage and your peace, through Christ our Lord. Amen.*



Prayer for the
Intercession of
Blessed Chiara
Badano
Prayer on the back of
prayer card



DAY FOUR

January 17, 2021

Intercession

May expectant fathers, especially those who are very young: that through the intercession of Saint Joseph, they may lovingly support the mothers of their children in welcoming new life.



Prayers

Our Father, 3 Hail Marys, Glory Be

*O Holy Joseph,
protector and provider of the Holy Family
and all families, through your intercession
may God grant all expectant mothers the grace to cherish
the new life within their wombs. May mothers and fathers
realize that their baby is a gift from God and have the
courage to choose life for their child. Through the Mystery of
Baptism may the parents and newborns become children of
God and heirs to eternal life in Christ. Amen.*



Prayer to Saint
Dominic Salvo

Prayer on the back of
prayer card



DAY FIVE

January 18, 2021

Intercession

May each person suffering from the loss of a child through abortion or miscarriage find hope and healing in Christ.



Prayers

Our Father, 3 Hail Marys, Glory Be

Eternal Father,

Source of all mercy and love, out of love for us you sent your Son, and willed that blood and water flow from his side to cleanse us of sin and restore lost innocence. Give parents the consolation to believe that their child is now living in the Lord.

We ask this through Christ our Lord, who conquered sin and death, and who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever.

Amen.



Prayer to Saint Carlo Acutis

Prayer on the back of prayer card

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January 19, 2021

Intercession

For parents facing an unexpected pregnancy, that they lovingly accept the precious life God has entrusted to their care.



Prayers

Our Father, 3 Hail Marys, Glory Be

Humble Mary of Nazareth, you were chosen by God to bear within you our world's greatest gift, the Savior of all humanity. I come to you now on behalf of all pregnant mothers who prays for the health and safety of the child that God has graced her to conceive. Guard this life that God has created, and protect the mother God has chosen for this child. Let your gently hands, like that of a skilled physician, assist in her delivery so that this baby will know good health and lasting happiness. May her child be favored with the grace of Holy Baptism, and grow to love our Lord Jesus Christ above all else in this world. Amen.



Prayer to the Lily of Mohawks

Prayer on the back of prayer card



DAY SEVEN

January 20, 2021

Intercession

May all who support or participate in abortion experience a conversion of heart to seek and receive the Lord's boundless mercy.



Prayers

Our Father, 3 Hail Marys, Glory Be

Heavenly Father, thank you for the precious gift of life. Help us to cherish and protect this gift, even in the midst of fear, pain, and suffering.

Give us love for all people, especially the most vulnerable, and help us bear witness to the truth that every life is worth living.

Grant us the humility to accept help when we are in need, and teach us to be merciful to all.

Through our words and actions, may others encounter the outstretched hands of Your mercy. We ask this through Christ, our Lord. Amen.



Prayer of Saint Germaine

Prayer on the back of prayer card



DAY EIGHT

January 21, 2021

Intercession

For the children who have died from abortion in our nation, and for their mothers and fathers, for mercy, peace and the loving embrace of Christ.



Prayers

Our Father, 3 Hail Marys, Glory Be

*O Mary, bright dawn of the new world,
Mother of the living, to you do we entrust the cause of life:
Look down, O Mother, upon the vast numbers of babies not allowed
to be born, of the poor whose lives are made difficult, of men and
women who are victims of brutal violence, of the elderly and the sick
killed by indifference or out of misguided mercy. Grant that all who
believe in your Son may proclaim the Gospel of life with honesty and
love to the people of our time. Obtain for them the grace to accept
that Gospel as a gift ever new, the joy of celebrating it with gratitude
throughout their lives and the
courage to bear witness to it
resolutely, in order to build,
together with all people of good
will, the civilization of truth
and love, to the praise and
glory of God, the Creator
and lover of life. Amen.*



Prayer to Saint
Dymphna

Prayer on the back of
prayer card

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DAY NINE

January 22, 2021

Intercession

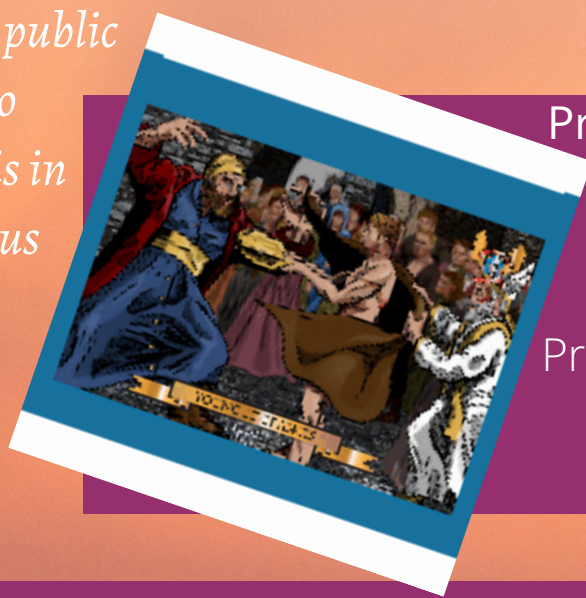
May all unborn children be protected in law, in every stage and circumstance and be welcomed in love.



Prayers

Our Father, 3 Hail Marys, Glory Be

*Virgin of Guadalupe, Patroness of unborn children, we implore your intercession for every child at risk of abortion. Help expectant parents to welcome from God the priceless gift of their child's life. Console parents who have lost that gift through abortion, and lead them to forgiveness and healing through the Divine Mercy of your Son. Teach us to cherish and to care for family and friends until God calls them home. Help us never to see others as burdens. Guide our public officials to defend each and every human life through just laws. Inspire us all to bring our faith into public life, to speak for those who have no voice. We ask this in the name of your Son, Jesus Christ, who is Love and Mercy itself.
Amen.*



Prayer of Saint Francis of Assisi

Prayer on the back of prayer card

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