



Presented by the Diocese of Sacramento
Office of Youth and Young Adult Ministry

PARENT SUPPORT

Supporting our teen and young adult
children with self - care

MONDAY, SEPTEMBER 21 AT 8:00 PM
STREAMING LIVE ON YOUTUBE &
WWW.SCD.ORG/PARENTSUPPORT



featuring
Maricruz Flores
Director of Youth Ministry
Diocese of San Diego

Questions? Contact Jennifer Campbell
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