



DIOCESE OF SACRAMENTO
Office of Youth & Young Adult Ministry

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To: **PASTOR / PASTORAL STAFF / BULLETIN EDITOR**
From: Deacon Kevin Staszko, Director
Re: Please add these announcements to your website! **(English and Spanish Translation)**
Date: **Tuesday, September 8, 2020**

Included are new and current announcements from the Office of Youth & Young Adult Ministry. We would greatly appreciate if you could add these announcements to your website or online bulletin. ***Please also share relevant announcements with your staff and volunteers.*** If you have any questions, please contact Jen at 916-733-0135. New and updated announcements are **highlighted in yellow!**

For more information on any of the included events and a list of all weekly events that OYYA has to offer, please visit www.scd.org/ooya.

Event Title	*NEW* Mercy in Motion
Copy English Text Below	
Middle School & High School youth are invited and encouraged to participate in this interactive week of formation, service, and community-building mission experience, September 27 th to October 3 rd , 2020. Looking for service ideas for Confirmation requirements? This may fulfill the family or sponsor requirement if there is partnership with parents during service. Participants will watch a daily reflection for parents and teens and join in the live chat through WhatsApp. The cost is only \$10/participant if registered by September 20. Get more information and registration: www.scd.org/mercy-motion-mission	

Event Title	*UPDATED* Ministry Days 2020
Copy English Text Below	
"Rejoice and Be Glad: Our Call to Holiness" is the theme for Ministry Days 2020. We are all called to holiness and need to accompany each other on this journey. Let Ministry Days be the experience that strengthens us for the journey ahead with prayer and skill-building. With-skill building workshops like "Introducing the Beauty of Theology of the Body to our Children" with Andrey Arevalo from St. Mary's in Vacaville and "Self-Care for Catholics during a Pandemic" with Maricruz Flores from the Diocese of San Diego and many other practical workshops to help you accompany those you serve, Ministry Days on Saturday, September 26 th has something for your whole ministry team and family to enjoy. Get more information, including a full list of workshops, and register at www.ministrydays.com .	

Event Title	*NEW* Suicide Prevention: A conversation for Youth & Young Adult Ministry Leaders
Copy English Text Below	
Join Loree Lippsmeyer, Deacon Kevin Staszko, and other Youth & Young Adult Ministry Leaders for a discussion of the signs to watch for and the actions to take to prevent suicide in the young people we serve. This discussion will be on Thursday, September 17th at 6:30pm on Zoom. To get the zoom link go to www.scd.org/ooya or email Deacon Kevin for more information at kstaszko@scd.org	

Event Title	*NEW* Parent Support: Supporting our teen and young adult children in self-care
Copy English Text Below	
Join us on Monday, September 21 st at 8pm on YouTube for Parent Support. As the start of a new school year is upon us that is not what we or our children expected we need to support them in their own self-care, while modeling those behaviors ourselves. This parent support evening will give parents tips and practical ideas for self-care that supports the mental health of our young people. Our speaker will be Maricruz Flores, the Director of Youth Ministry for the Diocese of San Diego. For more information go to www.scd.org/parentsupport	