

2020 Reta Trust Live Well Program

Logging in to your WebMD Portal

WebMD
health services

+

 **Reta**
A Catholic Healthcare Trust



Reta Trust – Log In

Reta Members can visit
www.retatrust.org and
click the **Log In** button in
the upper right.

Real People. Real Reta.

There are good reasons why Reta continues to add new members as they bring increasing value to those they serve. But this story is best told by the *Real People of Reta*.



 Play Video

JIM CARNEY
CHIEF FINANCIAL OFFICER
DIOCESE OF HELENA, MT



Quality Healthcare.
Catholic Values.

Welcome to Reta. We are a non-profit employer trust that has provided affordable, quality healthcare for employees and members of Catholic organizations nationwide for over 40 years.

Importantly, all Reta healthcare plans are designed to comply with the Ethical and Religious Directives of the Catholic Church.

RetaMembers
and Employers

LOG IN

For Help Call
877-303-7382

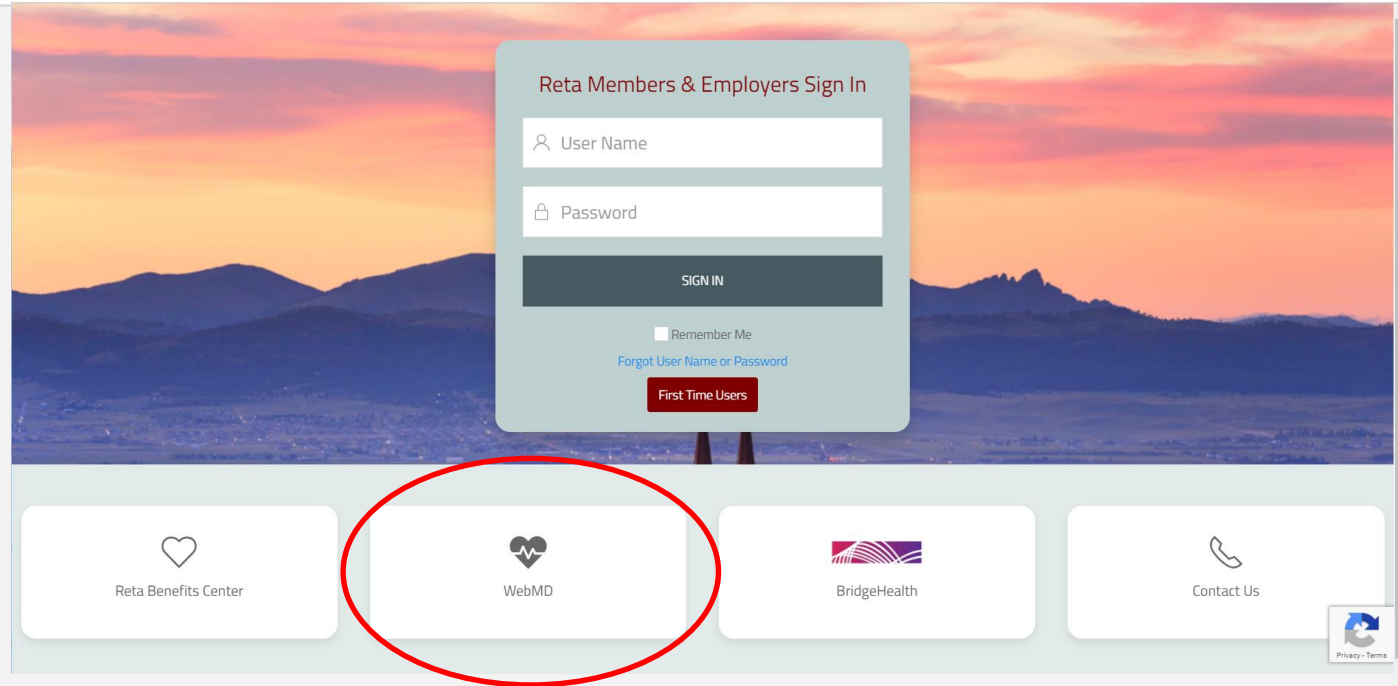
Click below to learn more

- ▶ Reta Benefits Center (RBC)
- ▶ Reta Wellness - Spouse Login
- ▶ Reta Leadership Info

- ▶ About Reta
 - The Reta Advantage
 - Member Organizations
 - Reta Leadership
 - Contact Us
 - Home

Choose WebMD

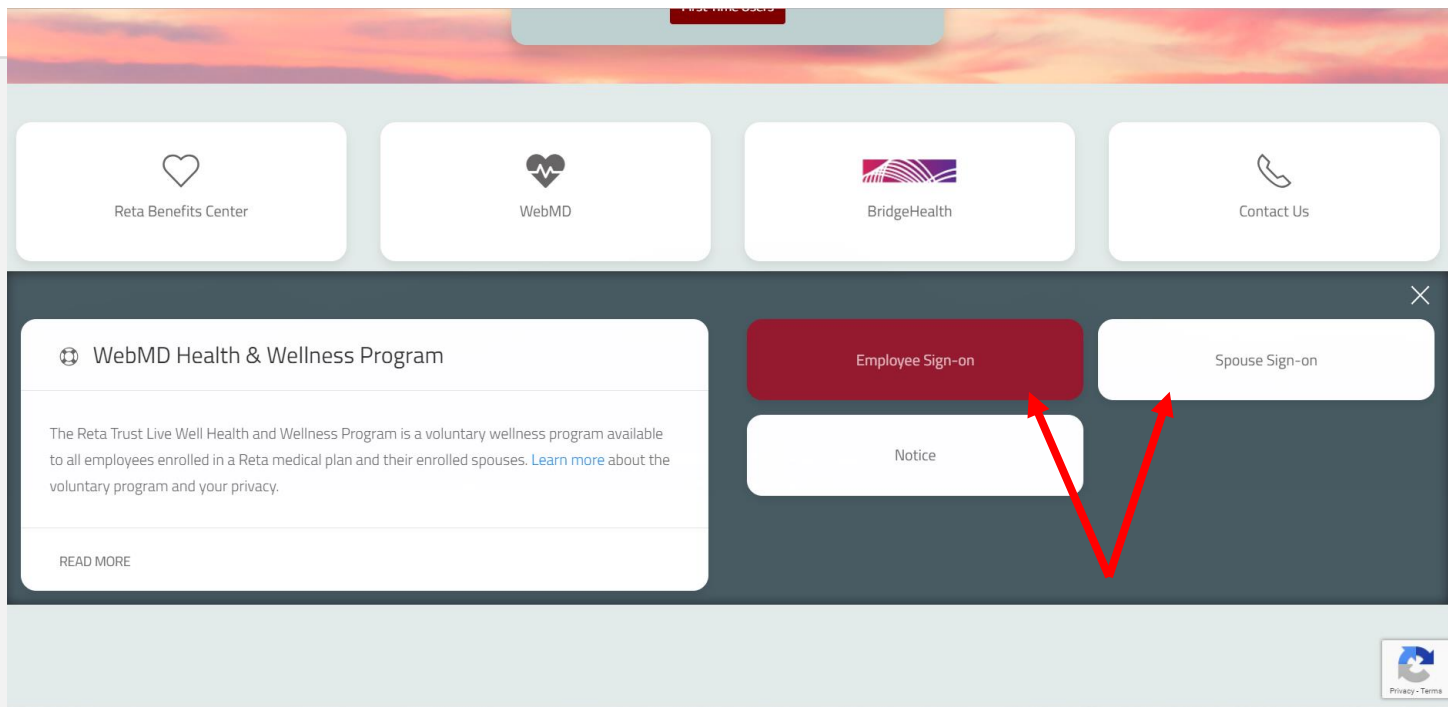
Click WebMD



Choose Sign-On

Employees can
click **Employee
Sign-On**.

Spouses can click
Spouse Sign-On.



Employees Sign In

Employees will
need to enter
their
RetaEnroll
credentials.

Reta Members & Employers Sign In

User Name

Password

WEBMD SIGN IN

WebMD Sign In

You're on your way to WebMD! Just enter your RetaEnroll credentials and you'll be taken to your customized WebMD experience!

protected by reCAPTCHA

Privacy - Terms

Reta Benefits Center

WebMD

BridgeHealth

Contact Us

WebMD Login

First time users must
Register and create a
WebMD account.

Spouses will always be
taken to this page to **login**
to their WebMD Portal.



Sign in

Username

Enter a username to sign in.

Password

Enter a password to sign in.

SIGN IN

Forgot username or password?

Don't have an account yet?

CREATE ACCOUNT

What is Reta Trust Live Well Health and Wellness Program?

Reta Trust Live Well Health and Wellness Program is a partnership between Reta Trust and WebMD to help you bring out your best. Based on your personal needs and interests, it will help you set goals, track your progress, keep you motivated, and provide valuable information along the way. Simply register to get started with our programs and services.

WebMD ONE Home Page

Start earning Rewards

Complete the HealthQuotient (HQ)

Schedule Your Biometric Screening

The screenshot shows the WebMD ONE Home Page. At the top, the Reta A Catholic Healthcare Trust logo is on the left, and a navigation bar contains 'My Health', 'Goals', and 'Rewards'. The 'Rewards' button is circled in red. Below the navigation bar is a banner with the text 'Hello, TestFirstName'. Underneath the banner is a horizontal menu with 'Home', 'Asthma', 'Sleep', 'Stress', 'Weight', and 'EDIT'. The main content area is divided into two sections: 'Recommended For You' and 'From Your Sponsor'. In the 'Recommended For You' section, there are three cards: 'THE FIVE TO THRIVE NUTRITION CHALLENGE', 'HealthQuotient', and 'Coaching'. The 'HealthQuotient' card is circled in red. In the 'From Your Sponsor' section, there are three cards: 'Preventive Health Exam', 'Complete Your Screening!', and 'Annual Physical Exam'. The 'Complete Your Screening!' card is circled in red.

WebMD ONE Home Page

Start earning Rewards

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WebMD ONE Home Page

My Health Goals Rewards

Hello, TestFirstName

Home Asthma Sleep Stress Weight EDIT

Recommended For You

SEE ALL

THE FIVE TO THRIVE NUTRITION CHALLENGE

Join the Nutrition Challenge!

Eat your way to better health.

SIGN UP TODAY

HealthQuotient

Get more out of your experience by completing your assessment.

GET YOUR SCORE

Coaching

Reach your goals with help from a professionally trained Health Coach.

CONNECT

From Your Sponsor

SEE ALL

Preventive Health Exam

Bring this form with you to your next doctors visit to earn Rewards Dollars!

VISIT YOUR DOCTOR

Complete Your Screening!

Get your biometric screening by 12/13 with Quest and earn \$50 towards Rewards!

START HERE

Annual Physical Exam

Don't forget - You can earn \$150 for completing your Annual Physical and turning in the form by 12/14!

GET THE FORM

WebMD Customer Service

(866) 302-6343

- WebMD portal registration issues
- Username or password issues for spouses
- Rewards questions
- Assistance completing the Health Quotient (HQ)
- Requests for paper HQ
- Questions about the Health Coaching program or My Health Assistant



