



DIOCESE OF SACRAMENTO  
OFFICE OF WORSHIP

# “Let Us Pray”

Introduction to Liturgy, Worship & Prayer  
Starts Wednesday, May 3 @ 7:00 p.m.



## St Anthony Catholic Church

511 Main Street, Winters

Based on Sacred Scripture, the Catechism, Vatican II and other magisterial documents, this 6-part class, will cover the basic teachings of the Church on liturgy, music and prayer. Open to anyone interested in learning more about liturgy and why we do what we do at Mass, *especially* liturgical ministers and those who do children's faith formation and sacramental prep.

**To register: call 916-733-0221 or email: [jcavanagh@scd.org](mailto:jcavanagh@scd.org)**

- ◆ Session 1, May 3: Liturgy 101, basic principles of Catholic worship
- ◆ Session 2, May 10: Mystagogy of the Mass: a quick journey through the Mass
- ◆ Session 3, May 17: The Church: the Universal Sacrament of Salvation
- ◆ Session 4, May 24: Sacred Scripture: The Word of God at Mass and in our lives.
- ◆ Session 5, May 31: Sacred Music: a treasure of inestimable value.
- ◆ Session 6, June 7: Mass & mission: living a sacramental life in a secular world

**Presenter: James Cavanagh, M.Div. Director of Worship, Diocese of Sacramento**